# **UNC Horizons**

919-966-9803 127 Kingston Dr. Chapel Hill, NC 27514 Visit their website

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only
Nurturing | Nationally-recognized | Safe
Mother/child focused | NAA/AA informed | Comprehensive

## WHAT WE DO

# For Women:

- •A comprehensive recovery and relapse-prevention program for substance abuse
- •A range of treatment options including residential and outpatient services
- •Individual and group counseling
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women
- •OB-GYN and psychiatry services
- •Assistance with finding employment, creating a budget and managing finances
- •Help with creating healthy relationships and healing from abuse and violence

#### For Children:

- Evaluation, treatment and referral to early intervention services
- On-site child care

## For Women and Children:

- Family therapy
- •Trauma-recovery programming
- Attachment-based parenting education and guidance
- •Individualized case management
- •Transportation to and from treatment services