

Center for Volunteer Caregiving

919-460-0567

975 Walnut St #311

Cary NC 27511

www.volunteercaregiving.org

Provides volunteer services to help Wake County seniors, family caregivers, and adults with disabilities maintain independence, dignity and quality of life. Services can include transportation, respite care, visiting, phone calls, and light housekeeping and yard work.

City of Raleigh Retired Senior Volunteer Program (RSVP)

919-831-6295

222 Hargett St

Raleigh NC 27601

www.raleigh-nc.org/communityservices/rsvp

The Retired and Senior Volunteer Program (RSVP) allows people who are 55 and older to contribute their time and talent to nearly 40 community agencies and organizations. RSVP is part of Senior Corps, a program of the Corporation for National and Community Service. Benefits to volunteers include mileage reimbursement, supplemental accident and liability insurance while volunteering, an annual recognition banquet, a quarterly newsletter, birthday and holiday greetings, and — perhaps most important — a sense of belonging.

Division of Aging and Adult Services

919-855-3400

www.dhhs.state.nc.us/aging

Office Location

Taylor Hall 693 Palmer Dr
Raleigh NC 27603

Mailing Address

2101 Mail Service Ctr
Raleigh NC 27699-2101

Provides information and resources for Adult Day Care/Health Programs, Alzheimer's Disease and Other Dementias, Demography/Planning, Employment, Family Caregiver Support, Health, Housing/Home Improvement, Long Term Care Options, Ombudsman Program, Senior Centers, Senior Rights Protections, Services for Older Adults and People with Disabilities.

Doorstep Ministry, Edenton Street United Methodist Church

228 West Edenton Street
Raleigh, NC 27603

919-832-9530

Monday - Thursday, 8:00 AM - 1:00 PM

Client should bring photo ID, proof of income, bill/lease, SS cards for all household members

Calls for appointments for financial aid (rent, utilities) are taken on Mondays from 10:00 AM to 12:00 PM. Appointments are scheduled for Tuesday and Wednesday mornings. No walk-ins.

Food and diaper referrals are available without an appointment.

www.esumc.org

Eastern NC Chapter of the Alzheimer's Association

919-832-3732 or toll-free 800-228-8738

1305 Navaho Dr Ste 101

Raleigh NC 27609

www.alznc.org

Provides family support, community education, public awareness and supports research for the prevention, cure and treatment of Alzheimer's disease and related disorders. Provides assistance with information, educational programs and services to patients, their families, health care professionals and the general public.

Hospice of Wake County

919-828-0890

250 Hospice Cir

Raleigh NC 27607

www.hospiceofwake.org

Providing end of life care and resource information. Provides free grief counseling and support services.

North Carolina Assisted Living Association

919-467-2486

3392 Six Forks Rd

Raleigh NC 27608

www.ncala.org

Information regarding assisted living facilities in NC.

North Carolina Senior's Health Insurance Information Program

(SHIIP)

800-443-9354

www.ncshiip.com

Senior's Health Insurance Information Program (SHIIP) is a consumer information division of North Carolina Department of Insurance that assists people with questions about Medicare, Medicare Part D, Medicare supplements, etc.

Resources for Seniors

919-872-7933

1110 Navaho Dr Suite 400

Raleigh NC 27609

www.resourcesforseniors.com

Provides information on support services, affordable senior housing, medical care, facilities, etc.

Senior Center (Resources for Seniors)

919-460-0567

401 East Whitaker Mill Rd

Raleigh NC 27608

www.resourcesforseniors.com

Offers a variety of programs designed to promote the physical, social and emotional well-being of older adults. Offers arts and crafts, health and wellness, support groups, free tax service, exercise programs, line dancing, Spanish classes, etc. Call office. 55+ years.

Wake County Human Services **(Senior/Adult Services)**

919-856-5982

401 East Whitaker Mill Rd

Raleigh NC 27608

Providing short term generic case management to bridge consumers with community services