

A Woman's Choice

919-781-6811
3305 Drake Circle
Raleigh NC 27607

Provides counseling and abortion services, HIV/STD testing, birth control. Reduced rate and funding assistance available. Free walk-in pregnancy testing.

Birthchoice

919-781-5433
3820 Merton Dr #219
Raleigh NC 27609
www.birthchoicewake.org

Free pregnancy testing, free limited ultrasounds. Abortion information and post-abortion counseling. Referral and resources for maternity homes and adoption agencies.

Child Care Referral Central

1-855-EarlyEd
1-855-327-5933
<http://www.childcareservices.org>

Free child care referral service to families seeking care for children birth to age 12. Child Care Referral Specialists provide consumer education and customized referral to child care programs. Counselors inform families about high quality child care and facilitate their selection of high quality programs that meet their child's and family's needs. Services are provided through phone-based counseling sessions or web-based child care search, in either English or Spanish.

Gateway

919-833-0096

1306 Hillsborough St, Raleigh NC 27605

www.gatewaycampus.org

Pregnancy Resource Center. Provides free pregnancy testing, education, HIV/STD testing, counseling, ultrasounds.

Monday 10:00am - 8:00pm, Tuesday - Thursday 10:00am - 10:00am - 2:00pm, Friday 10:00am - 2:00pm. HIV/STD testing 1st and 3rd Mondays 12:00pm - 3:00pm.

Gateway Pregnancy and Sexual Health Resource Center

919-833-0096

1306 Hillsborough St

Raleigh NC 27605

gatewaycampus.org/index.htm

Pregnancy options counseling, emotional support, childbirth education, fatherhood classes, infant care classes, HIV/STD testing, and pregnancy testing.

24-hour HELP Line: 1-800-395-4357

North Carolina Department of Health and Human Services

919-662-4499

Division of Child Development

2201 Mail Service Center

Raleigh NC 27699

ncchildcare.dhss.state.nc.us

Childcare information including child care facility licensure and early intervention.

Planned Parenthood

919-833-7526

100 South Boylan Ave

Raleigh NC 27603

www.plannedparenthood.org/health-center

Abortion referral, birth control, general health care, HIV testing, LGBT Services, men's health care, emergency contraception (Morning-After Pill), pregnancy testing & services, STD Testing, treatment & vaccines, and women's health care.

Raleigh Rescue Mission - William E. Mangum Children's Development Center (CDC)

919-828-9014

314 E. Hargett St. Raleigh, NC 27601

www.raleighrescue.org

RRM operates on site, a State Licensed 5 Star Rated child care/early intervention program. The CDC serves children of Mission residents as well as providing free childcare for "at risk" homeless families from the community who are then able to work and avoid homelessness. Children receive individual attention and the special care needed to overcome trauma and the negative impacts of homelessness and poverty. Inquiries regarding eligibility may contact RRM.

UNC Horizons

919-966-9803

127 Kingston Dr.

Chapel Hill, NC 27514

[Visit their website](#)

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only
Nurturing | Nationally-recognized | Safe
Mother/child focused | NAA/AA informed | Comprehensive

WHAT WE DO

For Women:

- A comprehensive recovery and relapse-prevention program for substance abuse
- A range of treatment options including residential and outpatient services
- Individual and group counseling
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women
- OB-GYN and psychiatry services
- Assistance with finding employment, creating a budget and managing finances
- Help with creating healthy relationships and healing from abuse and violence

For Children:

- Evaluation, treatment and referral to early intervention services
- On-site child care

For Women and Children:

- Family therapy
- Trauma-recovery programming
- Attachment-based parenting education and guidance
- Individualized case management
- Transportation to and from treatment services

Wake County Child Care Subsidy Program

919-773-7600

Main location

319 Chapanoke Rd Suite 104
Raleigh NC 27603

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income, and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible.

Southern Regional Center

130 North Judd Pkwy NE
Fuquay NC 27526
919-557-1076

Eastern Regional Center

1002 Dogwood Ln
Zebulon NC 27597
919-404-3900

[Wake County Health Department](#)

919-212-7000
10 Sunnybrook Rd
Raleigh NC 27601

Women’s Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1st time mothers. WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.