

# **Al-Anon/Al-Ateen**

[www.alanonateen6nc.org](http://www.alanonateen6nc.org) (local chapter)

24-hr answering service

Triangle Area: 919-713-1516

Outside Triangle (English): 1-800-243-4035

Outside Triangle (Spanish): 1-800-251-5738

World Service Office: 1-800-344-2666

Twelve-step support group for loved one of those suffering from addiction. Visit website or call for meeting schedules and other resources.

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# **Alcoholics Anonymous (AA)**

Hotline: 919-783-6144

Tri-County Intergroup (Wake, Warren and Franklin County)

[www.raleighaa.com](http://www.raleighaa.com)

Twelve-step support program for people suffering with alcoholism or other drug addictions. Visit website for meeting schedules and other resources and information.

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# **Alliance Behavioral Healthcare**

Toll-Free: 1-866-510-9132

[www.alliancebhc.org](http://www.alliancebhc.org)

The Access center is available 24/7 by phone to callers who are seeking Wake County services for mental health, substance use disorders, or developmental disabilities. The staff will conduct a brief telephone intake to assess needs and to determine if caller is in an immediate crisis. The caller will be provided with an appointment with an appropriate provider; based on acuity of symptoms. The Access Center is able to assist all Wake County residents regardless of insurance coverage or ability to pay.

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## **Catholic Charities**

919-821-9764

[www.catholiccharitiesraleigh.org](http://www.catholiccharitiesraleigh.org)

### **Raleigh Location**

3000 Highwoods Blvd. Suite 128  
Raleigh NC 27604

### **Cary Location**

875 Walnut St Suite 275  
Cary NC

Counseling Services are provided from a perspective which recognizes the emotional, behavioral, cognitive, spiritual and physical aspects of individuals' healing or growth. Counseling is provided by licensed mental health therapists or Master-level interns who are closely supervised by licensed clinicians. Counseling services are available in Spanish or English in many areas of eastern North Carolina. Services can be paid for with insurance, or through a sliding fee scale based on income and family size. Adoption Services, Support Circles for Homeless Families, Pregnancy Services, and Parish Social Ministry services are also available.

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## **Cornerstone (WCHS)**

919-508-0777

220 Snow Ave

Raleigh NC 27603

[www.wakegov.com/humanserives/housing/homless/cornerstone.htm](http://www.wakegov.com/humanserives/housing/homless/cornerstone.htm)

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral or appointment.

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## **Crisis and Assessment Services (CAS)**

919-250-1260

107 Sunnybrook Rd

Raleigh NC 27610

[www.wakegov.com/humanservices/adult/crisis/default.htm](http://www.wakegov.com/humanservices/adult/crisis/default.htm)

Evaluation and Emergency Services, providing assessment and referral services for Wake County residents seeking admission into Human Services mental health or substance abuse programs. This service is available 24 hours a day, 7 days a week.

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# **Drop-In Center: A.A. Thompson (WCHS)**

919-856-5240

567 East Hargett St

Raleigh NC 27601

[www.wakegov.com/humanservices/locations/thompsoncenter/htm](http://www.wakegov.com/humanservices/locations/thompsoncenter/htm)

Psychosocial educational program for Wake County residents who are 18 or older who have a primary diagnosis of severe mental illness and sometimes co-occurring substance abuse. They must be referred by their primary mental health provider and complete the admission process. Activities include social skills and independent living skills training, AA meetings, support and recovery groups, Job Club, exercise, arts and crafts, and recreational activities.

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# **Holly Hill Hospital**

919-250-7000

3019 Falstaff Rd

Raleigh NC 27610

[www.psolutions.com/facilities/hollyhill](http://www.psolutions.com/facilities/hollyhill)

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient's needs is available 24 hours a day, seven days a week through the RESPOND department.

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# **Raleigh Rescue Mission - Recovery and Rehabilitation Services**

919-838-9014

314 E. Hargett St., Raleigh NC 27601

[www.raleighrescue.org](http://www.raleighrescue.org)

The Mission's long term (6-9 months) program serves homeless men, women and children. The Mission provides food, clothing, safe lodging and case management; group and individual counseling, addiction recovery, spiritual care, mental health counseling, educational, vocational training, job placement, housing location and Aftercare services. Substance abuse and addiction recovery programming is coordinated both inside and outside the Mission and includes access to an extensive Addiction Resource Library. Inquiries may contact RRM

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# **SouthLight Helathcare**

919-787-6131

3125 Poplar Wood Ct Suite 326

Raleigh NC 27604

(Administrative Offices)

[www.southlight.org](http://www.southlight.org)

Offers numerous services for persons with mental health and/or substance use disorders including youth prevention, adolescent education, adolescent treatment, co-occurring disorders treatment, adult treatment, pregnant and postpartum mothers' treatment, opiod treatment, criminal justice services, supervised

independent living, and HIV/STD outreach. Call for more information. Services available at multiple locations.

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## **The Healing Place (Women's Campus)**

919-865-2550

3304 Glen Royal Rd

Raleigh NC 27617

[www.hpowc.org](http://www.hpowc.org)

Homeless women, age 18 and older, who are from Wake County.

Emergency Overnight Shelter - shelter offered one night at a time. Walk-ups are not allowed and beds are not reserved. Admission based on a lottery system. Lottery posted at the Women's Center of Wake County (WCWC) 24 hrs in advance. Call to add your name or check on daily list. Pick-up at WCWC (112 Cox Ave.) at 3:15pm daily.

Sobering Up Center - Non-medical Detox. Access 24/7 walk-in, drop off, or pick up (from public locations only). Typical stay 3-5 days.

Addiction Recovery Program - long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Typically takes 12-18 months to complete. Over 80% of women who complete the recovery program are sober one year after completion.

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# **The Healing Place of Wake County (Men's Campus)**

919-838-9800  
1251 Goode St  
Raleigh NC 27603  
[www.hpowc.org](http://www.hpowc.org)

Homeless men, age 18 and older, who are from Wake County.

Emergency Overnight Shelter - shelter offered one night at a time. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4pm each day for the van pick-up.

Sobering Up Center - Non-medical Detox. Access 24/7 walk-in, drop off, or pick up (from public locations only). Typical stay 3-5 days.

Addiction Recovery Program - long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Typically takes 12-18 months to complete. Over 60% of men who complete the recovery program are sober one year after completion.

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## **Triangle Family Services**

919-821-0790  
Coordinated Intake  
919-861-1195  
3937 Western Blvd.

Raleigh NC 27606

[www.tfsnc.org](http://www.tfsnc.org)

Triangle Family Services offers the following housing programs:

Coordinated Intake - Information and Referral Line

Homeless Prevention and Rapid Re-housing program. Family must have a source of income. Application and assessment required. Call for an appointment.

Rental Assistance Housing Program (RAHP) services chronic homeless and diagnosable mental health disability population with supportive services conducted by case managers to assist clients in their ability to remain living independently.

Other housing services:

Consumer Credit Counseling provides one on one and group financial counseling. Certified by the National Foundation for Credit Counseling and HUD Approved counseling agency in partnership with the NC Housing Finance Agency.

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## **UNC Alcohol and Substance Abuse Program**

919-966-6039

1101 Weaver Dairy Rd

Chapel Hill NC 27514

[www.unchealthcare.org/site/healthpatientcare/alcoholsubstanceabuse](http://www.unchealthcare.org/site/healthpatientcare/alcoholsubstanceabuse)

Outpatient mental health and substance abuse services. Payment Accepted: Self Payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. [med.unc.edu/alcohol](http://med.unc.edu/alcohol)



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# **UNC Health Care Addiction Treatment Center at WakeBrook**

919-250-1579

107 Sunnybrook Rd

Raleigh NC 27610

[www.wakegov.com/humanservices/health/addiction/wakebrook.htm](http://www.wakegov.com/humanservices/health/addiction/wakebrook.htm)

WakeBrook Recovery Center is operated by UNC Hospital and is a dual-diagnosis substance abuse treatment hospital for Men, Women and Families. High-priority populations include pregnant, IV and HIV-positive drug users.

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## **UNC Horizons**

919-966-9803

127 Kingston Dr.

Chapel Hill, NC 27514

[Visit their website](#)

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only

Nurturing | Nationally-recognized | Safe

Mother/child focused | NAA/AA informed | Comprehensive

## WHAT WE DO

### For Women:

- A comprehensive recovery and relapse-prevention program for substance abuse
- A range of treatment options including residential and outpatient services
- Individual and group counseling
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women
- OB-GYN and psychiatry services
- Assistance with finding employment, creating a budget and managing finances
- Help with creating healthy relationships and healing from abuse and violence

### For Children:

- Evaluation, treatment and referral to early intervention services
- On-site child care

### For Women and Children:

- Family therapy
- Trauma-recovery programming
- Attachment-based parenting education and guidance
- Individualized case management
- Transportation to and from treatment services