

# **A Woman's Choice**

919-781-6811  
3305 Drake Circle  
Raleigh NC 27607

Provides counseling and abortion services, HIV/STD testing, birth control. Reduced rate and funding assistance available. Free walk-in pregnancy testing.

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# **Al-Anon/Al-Ateen**

[www.alanonalateen6nc.org](http://www.alanonalateen6nc.org) (local chapter)

24-hr answering service  
Triangle Area: 919-713-1516  
Outside Triangle (English): 1-800-243-4035  
Outside Triangle (Spanish): 1-800-251-5738  
World Service Office: 1-800-344-2666

Twelve-step support group for loved one of those suffering from addiction. Visit website or call for meeting schedules and other resources.

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# **Alcoholics Anonymous (AA)**

Hotline: 919-783-6144  
Tri-County Intergroup (Wake, Warren and Franklin County)

[www.raleighaa.com](http://www.raleighaa.com)

Twelve-step support program for people suffering with alcoholism or other drug addictions. Visit website for meeting schedules and other resources and information.

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## **Alliance Behavioral Healthcare**

Toll-Free: 1-866-510-9132

[www.alliancebhc.org](http://www.alliancebhc.org)

The Access center is available 24/7 by phone to callers who are seeking Wake County services for mental health, substance use disorders, or developmental disabilities. The staff will conduct a brief telephone intake to assess needs and to determine if caller is in an immediate crisis. The caller will be provided with an appointment with an appropriate provider; based on acuity of symptoms. The Access Center is able to assist all Wake County residents regardless of insurance coverage or ability to pay.

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## **Alliance Medical Ministry**

919-250-3320

101 Donald Ross Dr

Raleigh NC 27610

[www.alliancemedicalministry.org](http://www.alliancemedicalministry.org)

Monday-Friday 8:30am-4:30pm

Selected Saturdays 9am-12noon

Sees residents of Wake County with no health insurance, no Medicaid, no Medicare, 18 years or older, and must be employed or live with a family member who is employed. Spanish translator available. Fees based on sliding scale. Appointments required.

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## **Alliance of AIDS Services Carolina**

919-834-2437

324 South Harrington St

Raleigh NC 27603

[www.aas-c.org](http://www.aas-c.org)

Free confidential HIV testing Mon-Thu: 9am-12noon; Mon & Thu nights: 6pm-8:30pm. Also offer:

- customized HIV/STD education workshops and activities
  - speakers of all ages and ethnic backgrounds: professionals, people living with HIV/AIDS, or family members
  - free brochures and videotapes on a variety of HIV/AIDS-related topics
  - volunteer training
  - HIV/STD prevention and community education for colleges, faith communities, and correctional facilities.
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## **Apex Family Medicine**

919-362-5201

212 South Salem St

Apex NC 27502

[www.whsi.org](http://www.whsi.org)

Mon, Tue, Thu, Fri 8am-5:15pm

Wed 8am-6pm

Services provided include General Pharmacy, Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Hearing & Vision Screening, Immunizations, Pediatric Care). Support services include Case Management, Diabetes Education, Diagnostic Screens/Tests, Health Education, and Eligibility Assistance.

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## **BERT-Center, Inc**

919-632-6283

211 West Martin St Suite 160

Raleigh NC 27601

Case management services for those diagnosed with HIV/AIDS

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## **Birthchoice**

919-781-5433

3820 Merton Dr #219

Raleigh NC 27609

[www.birthchoicewake.org](http://www.birthchoicewake.org)

Free pregnancy testing, free limited ultrasounds. Abortion information and post-abortion counseling. Referral and resources for maternity homes and adoption agencies.

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## **Catholic Charities**

919-821-9764

[www.catholiccharitiesraleigh.org](http://www.catholiccharitiesraleigh.org)

### **Raleigh Location**

3000 Highwoods Blvd. Suite 128

Raleigh NC 27604

### **Cary Location**

875 Walnut St Suite 275

Cary NC

Counseling Services are provided from a perspective which recognizes the emotional, behavioral, cognitive, spiritual and physical aspects of individuals' healing or growth. Counseling is provided by licensed mental health therapists or Master-level interns who are closely supervised by licensed clinicians. Counseling services are available in Spanish or English in many areas of eastern North Carolina. Services can be paid for with insurance, or through a sliding fee scale based on income and family size. Adoption Services, Support Circles for Homeless Families, Pregnancy Services, and Parish Social Ministry services are also available.

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# **Child Care Referral Central**

1-855-EarlyEd

1-855-327-5933

<http://www.childcareservices.org>

Free child care referral service to families seeking care for children birth to age 12. Child Care Referral Specialists provide consumer education and customized referral to child care programs. Counselors inform families about high quality child care and facilitate their selection of high quality programs that meet their child's and family's needs. Services are provided through phone-based counseling sessions or web-based child care search, in either English or Spanish.

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## **Cornerstone (WCHS)**

919-508-0777

220 Snow Ave

Raleigh NC 27603

[www.wakegov.com/humanserives/housing/homless/cornerstone.htm](http://www.wakegov.com/humanserives/housing/homless/cornerstone.htm)

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral or appointment.

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# **Crisis and Assessment Services (CAS)**

919-250-1260

107 Sunnybrook Rd

Raleigh NC 27610

[www.wakegov.com/humanservices/adult/crisis/default.htm](http://www.wakegov.com/humanservices/adult/crisis/default.htm)

Evaluation and Emergency Services, providing assessment and referral services for Wake County residents seeking admission into Human Services mental health or substance abuse programs. This service is available 24 hours a day, 7 days a week.

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## **Division of Services for the Blind**

919-733-9822

309 Ashe Ave

Raleigh NC 27606

[Website](#)

Must meet income eligibility based on household size. Must be a citizen or have Permanent Residency Card; can include children up to age 22 (if listed on income tax return as dependents). Co-pays to providers are required.

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# **Dorcas Ministries**

919-469-9861

187 HighHouse Rd

Cary NC 27513

[www.dorcas-cary.org](http://www.dorcas-cary.org)

Durable medical equipment supplies (walkers, crutches, canes, or bedside commodes) are provided free of charge when in stock to residents of Cary or Morrisville.

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# **Drop-In Center: A.A. Thompson (WCHS)**

919-856-5240

567 East Hargett St

Raleigh NC 27601

[www.wakegov.com/humanservices/locations/thompsoncenter/htm](http://www.wakegov.com/humanservices/locations/thompsoncenter/htm)

Psychosocial educational program for Wake County residents who are 18 or older who have a primary diagnosis of serve mental illness and sometimes co-occurring substance abuse. They must be referred by their primary mental health provider and complete the admission process. Activities include socials skills and independent living skills training, AA meetings, support and recovery groups, Job Club, exercise, arts and crafts, and recreational activities.

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# [EyeCare America](#)

1-877-887-6327

[Website](#)

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to eligible individuals. Call or visit website to confirm eligibility. Glaucoma eye exam available for some.

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# [Foundation for Sight and Sound](#)

631-366-3461

[Website](#)

EarQ provider participation required; call for provider in your area. No hearing aid benefits, yearly income below \$25,000, and copays may apply.

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# [Gateway](#)

919-833-0096

1306 Hillsborough St, Raleigh NC 27605

[www.gatewaycampus.org](http://www.gatewaycampus.org)

Pregnancy Resource Center. Provides free pregnancy testing, education, HIV/STD testing, counseling, ultrasounds.

Monday 10:00am - 8:00pm, Tuesday - Thursday 10:00am - 10:00am - 2:00pm,

Friday 10:00am - 2:00pm. HIV/STD testing 1st and 3rd Mondays 12:00pm - 3:00pm.

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## **Gateway Pregnancy and Sexual Health Resource Center**

919-833-0096

1306 Hillsborough St

Raleigh NC 27605

[gatewaycampus.org/index.htm](http://gatewaycampus.org/index.htm)

Pregnancy options counseling, emotional support, childbirth education, fatherhood classes, infant care classes, HIV/STD testing, and pregnancy testing.

24-hour HELP Line: 1-800-395-4357

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## **Holly Hill Hospital**

919-250-7000

3019 Falstaff Rd

Raleigh NC 27610

[www.psolutions.com/facilities/hollyhill](http://www.psolutions.com/facilities/hollyhill)

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription

Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient's needs is available 24 hours a day, seven days a week through the RESPOND department.

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## **Horizon Health Center**

919-743-3315  
1001 Rock Quarry Rd  
Raleigh NC 27610  
[www.whsi.org](http://www.whsi.org)

Monday through Friday 7am-5pm. Provides HIV treatment services and related medical care. Call for an appointment.

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## **Horizon Health Center**

919-743-3315  
1001 Rock Quarry Rd  
Raleigh NC 27610  
[www.whsi.org](http://www.whsi.org)

Monday through Friday 8am-5pm

Services provided include General Primary Medical Care (Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Hearing & Vision Screening, Immunizations, Pediatric Care). Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health Education, Eligibility Assistance, Substance Abuse Services, Social Workers. Must

have verification of homelessness.

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## **Knights Templar Eye Foundation**

214-888-0220

[Website](#)

Provides assistance for eye surgery for people who are unable to pay or receive adequate services from current government agencies or similar sources.

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## **Lions Clubs International**

[www.LionsClubs.org](http://www.LionsClubs.org)

Lions have eyeglasses and hearing aids programs. Check the website to find a local office and contact that office for an appointment.

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## **Mariam Clinic**

919-824-4672

3126 Blue Ridge Rd

Raleigh NC 27612

[www.mariamclinic.org](http://www.mariamclinic.org)

Free for those who meet income eligibility. Must be age 18 or over. One Member of the household must be employed. Must live in Wake or Durham counties. Appointments only. Call on Wednesday 10am-5pm or Thursday 2pm-5pm. Clinic hours are Sunday 1pm-5pm. Services provided Acute care, short term chronic care, referrals, discount labs and radiology services, psychiatry and counseling, and interpreter services. No emergency or obstetric services.

Use the website to see if eligible.

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## **Miracle Ear Children's Foundation**

Creedmoor Lynn Commons

6500 Creedmoor Rd, Ste 114

Raleigh, NC 27613

[\(919\) 782-3590](tel:(919)782-3590)

<https://www.miracle-ear.com/en-us/>

Must be age 16 or younger. Application required, medical documentation (medical clearance from doctor, audiogram dated within last 6 months), income between \$20,000-\$45,000. Must not be eligible for public assistance programs. Must show that you have been denied assistance for public assistance program in writing. Forms downloadable from website.

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# **NC Assistive Technology Program**

919-855-3564

4900 Waters Edge Dr Suite 250

Raleigh NC 27606

[www.ncatp.org](http://www.ncatp.org)

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life.

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# **NC Association of Educators**

700 South Salisbury Street

Raleigh, NC 27601

800-662-7924

[www.ncae.org](http://www.ncae.org)

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

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# **NC Services of the Deaf and Hard of Hearing**

Division of Services for the Deaf and the Hard of Hearing  
2301 Mail Service Center  
Raleigh, N.C. 27699-2301

1-800-851-6099

[www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)

Advocacy, information, counseling, skills development and tools for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired individuals and their families. Consultation and training for agencies, organizations and businesses such as law enforcement, hospitals, 911 calls centers, churches and hotels - so that people with hearing loss may experience full access. Telecommunications access for all through relay services and assistive technology.

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## **NC Women's Co-Op**

919-541-7255

507 East Martin St

Raleigh NC 27610

[www.cdc.gov/hiv/topics/research/prs/resources/factsheets/women.htm](http://www.cdc.gov/hiv/topics/research/prs/resources/factsheets/women.htm)

Outreach services focusing on HIV/AIDS and substance abuse prevention/education, free HIV testing.

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# **New Bern Ridge Dental Center**

919-250-2930

2620 New Bern Ave

Raleigh NC 27610

[Website](#)

Dental services for children ages 0-19 only. Medicaid and NC Health Choice insurance accepted; application assistance through on-site case manager available. Spanish-speaking staff. Discount Fee Program for uninsured children.

Monday through Thursday 7:30am - 6pm, closed daily for lunch 1:00pm - 2:00pm. Walk-ins accepted.

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# **North Carolina Department of Health and Human Services**

919-662-4499

Division of Child Development

2201 Mail Service Center

Raleigh NC 27699

[ncchildcare.dhss.state.nc.us](http://ncchildcare.dhss.state.nc.us)

Childcare information including child care facility licensure and early intervention.

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# **North Raleigh Lions Club**

919-957-2131

[e-clubhouse.org/sites/northraleighnc/contact.php](http://e-clubhouse.org/sites/northraleighnc/contact.php)

Please note that persons requesting help with eyeglasses must provide for their own eye exam. They must also have a referral from someone other than themselves or family member who can attest to their financial condition. This can be Social Services or a pastor. Please call to receive further instructions and a request form.

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# **Planned Parenthood**

919-833-7526

100 South Boylan Ave

Raleigh NC 27603

[www.plannedparenthood.org/health-center](http://www.plannedparenthood.org/health-center)

Abortion referral, birth control, general health care, HIV testing, LGBT Services, men's health care, emergency contraception (Morning-After Pill), pregnancy testing & services, STD Testing, treatment & vaccines, and women's health care.

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# **Prescription Partnership Programs**

888-477-2669

[www.pparx.org/Intro.php](http://www.pparx.org/Intro.php)

Download applications for prescription assistance from individual drug providers.  
Must meet financial requirements.

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## **Prevent Blindness NC**

919-755-5044

4011 West Chase Blvd #225

Raleigh NC 27607

[www.preventblindness.org](http://www.preventblindness.org)

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, valid prescription less than 2 years old provided by partner agency.

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## **Raleigh Rescue Mission - Recovery and Rehabilitation Services**

919-838-9014

314 E. Hargett St., Raleigh NC 27601

[www.raleighrescue.org](http://www.raleighrescue.org)

The Mission's long term (6-9 months) program serves homeless men, women and children. The Mission provides food, clothing, safe lodging and case management; group and individual counseling, addiction recovery, spiritual care, mental health counseling, educational, vocational training, job placement, housing location and

Aftercare services. Substance abuse and addiction recovery programming is coordinated both inside and outside the Mission and includes access to an extensive Addiction Resource Library. Inquiries may contact RRM

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## **Raleigh Rescue Mission - William E. Mangum Children's Development Center (CDC)**

919-828-9014

314 E. Harget St. Raleigh, NC 27601

[www.raleighrescue.org](http://www.raleighrescue.org)

RRM operates on site, a State Licensed 5 Star Rated child care/early intervention program. The CDC serves children of Mission residents as well as providing free childcare for "at risk" homeless families from the community who are then able to work and avoid homelessness. Children receive individual attention and the special care needed to overcome trauma and the negative impacts of homelessness and poverty. Inquiries regarding eligibility may contact RRM.

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## **Rock Quarry Road Family Medicine**

919-833-3111

1001 Rock Quarry Rd

Raleigh NC 27610

[www.whsi.org](http://www.whsi.org)

Mon, Wed, Thu, & Fri: 7am-5:15pm

Tue: 7am-6pm

Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals). Support services include Case Management, Diabetes Education, Diagnostic Screens/Tests, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

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## **Shepherd's Medical**

919-404-2474

304 B Pony Rd

Zebulon NC 27597

[www.shepherdscaresclinic.com](http://www.shepherdscaresclinic.com)

Prescription assistance program, free health clinic for low-income adults with no health insurance.

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## **Southern Wake Family Medicine**

919-557-1110

130 North Judd Parkway NE

Fuquay-Varina NC 27526

[www.whsi.org](http://www.whsi.org)

Mon-Fri 8:30am-5pm.

Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals). Support services include Case Management, Diabetes Education, Diagnostic Screens/Tests, Health Education, Eligibility Assistance, and assistance with free prescriptions.

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## **SouthLight**

919-832-1400

1201 Garner Rd

Raleigh NC 27601

[www.southlight.org](http://www.southlight.org)

Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Prevention Services:

- Mon-Fri 8am-4pm

Outreach:

- Mon 6am-2pm
- Tue 6am-3pm
- Wed 8am-3pm
- Thu-Fri 8am-4pm
- Sat 7am-10am

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## **SouthLight Helathcare**

919-787-6131

3125 Poplar Wood Ct Suite 326

Raleigh NC 27604

(Administrative Offices)

[www.southlight.org](http://www.southlight.org)

Offers numerous services for persons with mental health and/or substance use disorders including youth prevention, adolescent education, adolescent treatment, co-occurring disorders treatment, adult treatment, pregnant and postpartum mothers' treatment, opioid treatment, criminal justice services, supervised independent living, and HIV/STD outreach. Call for more information. Services available at multiple locations.

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## **St. Bernadette's Catholic Church**

919-552-8758

1005 Wilbon Rd

Fuquay-Varina NC 27526

[www.st-bernadettechurch.org](http://www.st-bernadettechurch.org)

Every other Thursday 2:30pm-6:30pm

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# St. John's Metropolitan Community Church

919-834-2611

805 Glenwood Ave

Raleigh NC 27605

[www.stjohnsmcc.org/CityOnaHill/](http://www.stjohnsmcc.org/CityOnaHill/)

HIV Testing 2nd and 4th Saturdays, 9am-11am.

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## Strengthening the Black Family

919-856-5271

568 East Lenior St

Raleigh NC 27601

[www.stbf.org](http://www.stbf.org)

Basic nutrition, diabetes, and sex education programs for teens. Also free HIV testing.

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## The Healing Place (Women's Campus)

919-865-2550

3304 Glen Royal Rd  
Raleigh NC 27617  
[www.hpowc.org](http://www.hpowc.org)

Homeless women, age 18 and older, who are from Wake County.

Emergency Overnight Shelter - shelter offered one night at a time. Walk-ups are not allowed and beds are not reserved. Admission based on a lottery system. Lottery posted at the Women's Center of Wake County (WCWC) 24 hrs in advance. Call to add your name or check on daily list. Pick-up at WCWC (112 Cox Ave.) at 3:15pm daily.

Sobering Up Center - Non-medical Detox. Access 24/7 walk-in, drop off, or pick up (from public locations only). Typical stay 3-5 days.

Addiction Recovery Program - long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Typically takes 12-18 months to complete. Over 80% of women who complete the recovery program are sober one year after completion.

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## **The Healing Place of Wake County** **(Men's Campus)**

919-838-9800  
1251 Goode St  
Raleigh NC 27603  
[www.hpowc.org](http://www.hpowc.org)

Homeless men, age 18 and older, who are from Wake County.

Emergency Overnight Shelter - shelter offered one night at a time. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4pm each day for



the van pick-up.

Sobering Up Center - Non-medical Detox. Access 24/7 walk-in, drop off, or pick up (from public locations only). Typical stay 3-5 days.

Addiction Recovery Program - long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Typically takes 12-18 months to complete. Over 60% of men who complete the recovery program are sober one year after completion.

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## **The Women's Center**

919-829-3711  
112 Cox Ave  
Raleigh NC 27605  
[www.wcwc.org](http://www.wcwc.org)

HIV/AIDS testing on the 1st and 3rd Mondays of every month starting at 1:30pm.

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## **Triangle Family Services**

919-821-0790  
Coordinated Intake  
919-861-1195  
3937 Western Blvd.  
Raleigh NC 27606

[www.tfsnc.org](http://www.tfsnc.org)

Triangle Family Services offers the following housing programs:

Coordinated Intake - Information and Referral Line

Homeless Prevention and Rapid Re-housing program. Family must have a source of income. Application and assessment required. Call for an appointment.

Rental Assistance Housing Program (RAHP) services chronic homeless and diagnosable mental health disability population with supportive services conducted by case managers to assist clients in their ability to remain living independently.

Other housing services:

Consumer Credit Counseling provides one on one and group financial counseling. Certified by the National Foundation for Credit Counseling and HUD Approved counseling agency in partnership with the NC Housing Finance Agency.

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## **UNC Alcohol and Substance Abuse Program**

919-966-6039

1101 Weaver Dairy Rd

Chapel Hill NC 27514

[www.unhealthcare.org/site/healthpatientcare/alcoholsubstanceabuse](http://www.unhealthcare.org/site/healthpatientcare/alcoholsubstanceabuse)

Outpatient mental health and substance abuse services. Payment Accepted: Self Payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. [med.unc.edu/alcohol](http://med.unc.edu/alcohol)

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# **UNC Dentistry**

919-537-3737

UNC School of Dentistry  
The University of North  
Carolina at Chapel Hill  
Campus Box 7450  
Chapel Hill, NC 27599

## **Website**

Provides dental services in all areas of dental care. Treatment is provided to both adults and children. To receive an application call or visit website above. Complete application and return it to the address on the application. A monthly drawing will be held to select patients. Applications will be active until expiration date on the bottom of the application.

For children under age 4 call 919-537-3956.

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# **UNC Department of Ophthalmology**

919-966-5296

5151 Bioinformatics Bldg

CB #7040

Chapel Hill, NC 27599-7040

[www.med.unc.edu/opth](http://www.med.unc.edu/opth)

Free or low cost eye exams for people of all ages. Income verification is required.

Call 919-966-5296 with questions regarding financial assistance.

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## **UNC Health Care Addiction Treatment Center at WakeBrook**

919-250-1579

107 Sunnybrook Rd

Raleigh NC 27610

[www.wakegov.com/humanservices/health/addiction/wakebrook.htm](http://www.wakegov.com/humanservices/health/addiction/wakebrook.htm)

WakeBrook Recovery Center is operated by UNC Hospital and is a dual-diagnosis substance abuse treatment hospital for Men, Women and Families. High-priority populations include pregnant, IV and HIV-positive drug users.

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## **UNC Horizons**

919-966-9803

127 Kingston Dr.

Chapel Hill, NC 27514

[Visit their website](#)

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only

Nurturing | Nationally-recognized | Safe  
Mother/child focused | NAA/AA informed | Comprehensive

## WHAT WE DO

### For Women:

- A comprehensive recovery and relapse-prevention program for substance abuse
- A range of treatment options including residential and outpatient services
- Individual and group counseling
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women
- OB-GYN and psychiatry services
- Assistance with finding employment, creating a budget and managing finances
- Help with creating healthy relationships and healing from abuse and violence

### For Children:

- Evaluation, treatment and referral to early intervention services
- On-site child care

### For Women and Children:

- Family therapy
- Trauma-recovery programming
- Attachment-based parenting education and guidance
- Individualized case management
- Transportation to and from treatment services

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## **Under One Roof (AASC Program)**

919-571-6600  
3622 Hayworth St  
Raleigh NC 27609  
[www.aas-c.org](http://www.aas-c.org)

Client services for people with HIV/AIDS.

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## **Urban Ministries**

919-832-0820

1390 Capital Blvd

Raleigh NC 27603

[www.urbanmin.org](http://www.urbanmin.org)

Mon-Thu 9am-9pm by appointment only

The Open Door Clinic provides acute and chronic medical care, prescription medications, and laboratory services on-site. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services available for Spanish-speaking patients. Appointments only.

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## **Urban Ministries**

919-836-1642

1390 Capital Blvd

Raleigh NC 27603

[www.urbanmin.org](http://www.urbanmin.org)

Mon-Fri 9am-1pm.

Must have photo ID and proof of Wake County residency. Assistance provided no more than one time in a four month period. Walk-in service.

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# Veteran's Mesothelioma Group

1-888-708-5660

[www.mesotheliomagroup.com](http://www.mesotheliomagroup.com)

Our organization provides free Veteran-specific resources and support for patients and their loved ones. Our goal at the Mesothelioma Group is to increase recognition, improving survival rates and life expectancy.

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# Vision USA

1-800-766-4466

[www.aoa.org](http://www.aoa.org)

Provides free eye care to uninsured, low income workings and families. Eligibility based on income and household size.

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# Wake County Child Care Subsidy Program

919-773-7600

**Main location**

319 Chapanoke Rd Suite 104  
Raleigh NC 27603

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income, and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible.

**Southern Regional Center**

130 North Judd Pkwy NE  
Fuquay NC 27526  
919-557-1076

**Eastern Regional Center**

1002 Dogwood Ln  
Zebulon NC 27597  
919-404-3900

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# [Wake County Health Department](#)

919-212-7000  
10 Sunnybrook Rd  
Raleigh NC 27601

Women’s Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1st time mothers. WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.



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# Wake County Human Services

919-250-3950

Public Health Center

10 Sunnybrook Road

Raleigh NC 27610

[www.wakegov.com/humanservices/health/default.htm](http://www.wakegov.com/humanservices/health/default.htm)

All clinics will do confidential testing. Call for an appointment. Mon-Fri 8:30am-11:30am & Wed 5pm-7pm at Clinic E. Spanish speaking employees available Wed evenings. Testing for all STDs & treatment for HIV/AIDS patients done Mon-Fri at Clinic A. Call for appointments & times 250-4410.

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# Wake County Human Services

919-212-7000

Public Health Center

10 Sunnybrook Rd

Raleigh NC 27610

[www.wakegov.com/humanservices/health/default.htm](http://www.wakegov.com/humanservices/health/default.htm)

Mon-Fri 8:30am-5:15pm.

Call for appointments for all types of health care needs including education, immunizations and treatment. Public Health Clinics also at:

## **Southern Regional Center**

130 North Judd Parkway NE

Fuquay-Varina NC

**Eastern Regional Center**

1002 Dogwood Dr  
Zebulon NC

**Northern Wake Health Clinic**

247 South Allen Rd  
Wake Forest NC  
919-562-6300

**Western Wake Human Services Center**

(Mental Health services only)  
232 High House Rd  
Cary NC  
919-460-3366

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## **Wake Tech Dental Hygiene**

919-747-0126  
Health Sciences Building, 2nd Floor  
2901 Holston Ln  
Raleigh NC 27610

[Website](#)

Provides services for patients ages 4 and older. Dental Cleaning, fluoride treatments, sealants, and radiography performed by supervised students. Fee is \$20 per visit. Clinic hours vary according to semester schedule. Appointment only. Referrals given for additional dental work needed.

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# **WCHS Medical Eye Care Program**

919-856-5974

401 East Whitaker Mill Rd

Raleigh NC 27608

Contact for appointment Mon-Fri 8am-5pm. Must meet household and income requirements. Cannot have received assistance in the last 2 years. Must supply last 6 months of income information, ID, social security cards.

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## **ZenniOptical**

800-211-2105

[www.zenniOptical.com](http://www.zenniOptical.com)

Online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, or gift card (visa or mastercard) to make purchase.