

Al-Anon

<http://www.al-anon.alateen.org/>

Triangle: 919-713-1516

Out of Area: 1-800-243-4035

Spanish: 1-800-251-5738

Alcoholics Anonymous (AA)

919-783-6144

www.aa.org

24-Hour Hotline: 1-866-883-6259

Care-Line

1-800-662-7030

In the Raleigh area or outside of North Carolina, call: 919-855-4400

Suicide Prevention Hotline/ Vetern's Crisis Line 1-800-273-8255

Carolinas Poison Center

1-800-222-1222 (24 hour help line)

<http://www.ncpoisoncenter.org/>

CDC National STD and AIDS Hotline

1-800-CDC-INFO
(1-800-232-4636)

English Service 24 hours a day, seven days a week.
Spanish Service 8am-2am, seven days a week.

Hotlines provide callers with anonymous and confidential answers to questions about sexually transmitted diseases (STDs) and HIV/AIDS. Referrals also provided Monday-Friday 8am-8pm.

Child Abuse and Neglect Reporting (Wake County Human Services)

English: 919-212-7990

Spanish: 919-212-7000

Child Care Referral Central

1-855-EarlyEd

1-855-327-5933

<http://www.childcareservices.org>

Free child care referral service to families seeking care for children birth to age 12. Child Care Referral Specialists provide consumer education and customized referral to child care programs. Counselors inform families about high quality child care and facilitate their selection of high quality programs that meet their child's and family's needs. Services are provided through phone-based counseling sessions or web-based child care search, in either English or Spanish.

Crisis Intervention Hotline

919-545-0224

919-542-5445 Non-Emergent Line

7 days, 24 hours. Serves victims of domestic violence, domestic abuse and sexual assault.

Drug Helpline

1 (877) 748-3971

Haven House: Outreach Center

919-833-3312

600 W. Cabarrus Street
Raleigh NC 27603

Website

The Outreach Center: 832 Wake Forest Rd. Raleigh NC

Wrenn House: 908 W. Morgan St. Raleigh NC.

Provide day shelter for homeless & street-dependent youths aged 10-23 years and their families. Provides basic needs assistance such as food, clothing, hygiene, ID assistance and case management and counseling services. Resources available for overnight shelters.

Services:

- Day Shelter
- Food, Hygiene Supplies, Showers, Laundry Facility, Clothes, Diapers/Wipes, Bus Passes, Computer Lab, Referrals
- Life Skills Classes
- Safe place for study, socialization and positive recreational activities
- Available Case Managers and Counselors

- Street Outreach Team

Eligibility:

- Youth ages 10-23

Process:

- In person intake
 - Photo ID (Waiver can be provided to obtain one if needed)
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Holly Hill Respond (Crisis Intervention)

919-250-7000
3019 Falstaff Rd
Raleigh, NC 27604

The RESPOND department provides crisis phone, assessment, and admission services 24 hours a day, seven days a week and serves as the emergency department of Holly Hill Hospital.

Hopeline

919-231-4525

7 days, 24 hours. Crisis and suicide prevention. Provides confidential,

nonjudgmental, caring listening for community members facing life difficulties or crisis.

Interact Domestic Violence Hotline

919-828-7740

24-hour hotline for battered women, victims of domestic violence.

Interact Rape Crisis Hotline

919-828-3005

24 hour crisis line. Provides information and support for survivors of sexual assault (including incest) and information and support for their friends and family members.

Interact SOLACE Center

919-828-3067

24-hour hospital counseling and support

National Runaway Safeline

1-800-786-2929

www.1800runaway.org

24/7. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

Polaris Project

1-888-373-7888

www.polarisproject.org or www.humantrafficking.unc.edu

National trafficking hotline available 24 hours a day, 7 days a week. Non government entity, law enforcement or immigration authority. Report a tip, connect with anti-trafficking services in your area, or request training.

The Salvation Army of Wake

County

919-834-6733

1863 Capital Boulevard

Raleigh, North Carolina 27604

www.keepthebellringing.org

Emergency and long-term comprehensive case management services to foreign-born victims. Provides shelter, medical and mental health needs, legal service, personal items, clothing, transportation, food, emergency services and help with employment.

Trans LifeLine

877-565-8860

www.translifelink.org

Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

UNC Horizons

919-966-9803

127 Kingston Dr.
Chapel Hill, NC 27514
[Visit their website](#)

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only
Nurturing | Nationally-recognized | Safe
Mother/child focused | NAA/AA informed | Comprehensive

WHAT WE DO

For Women:

- A comprehensive recovery and relapse-prevention program for substance abuse
- A range of treatment options including residential and outpatient services
- Individual and group counseling
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women
- OB-GYN and psychiatry services
- Assistance with finding employment, creating a budget and managing finances
- Help with creating healthy relationships and healing from abuse and violence

For Children:

- Evaluation, treatment and referral to early intervention services
- On-site child care

For Women and Children:

- Family therapy
 - Trauma-recovery programming
 - Attachment-based parenting education and guidance
 - Individualized case management
 - Transportation to and from treatment services
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UNC WakeBrook Crisis and Assessment

984-974-4830

107 Sunnybrook Rd.

Raleigh, NC

Crisis & Assessment Services are available to anyone in need of help in a crisis related to a mental illness, a developmental disability or an addiction. Walk-in 24/7.

United Way Resource Information

211

Information referral service serving the following counties: Chatham, Durham, Orange, and Wake

Wren House Youth Crisis Hotline

919-832-7866

Serves youth ages 10-17 who are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

Wrenn House (Haven House)

919-832-7866

Fax 919.828.8255

908 W. Morgan Street, Raleigh, NC 27607

www.havenhouse.org

Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7866. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 - 17 years. Maximum length of stay, 21 days. Individual group and family counseling. Outreach through Project Safe Place aftercare services. Individual, group and family counseling. Services offered are free, however therapy services are billable.

Services:

- Emergency Shelter
- For homeless, runaways or other crisis situation
- Counseling
- Case management
- Referrals
- Mentoring
- Life skills

Eligibility:

- Youth ages 10-17

Length of Stay:

- 21 days maximum

Process:

- Telephone screening - 919.832.7866