

A Woman's Choice

919-781-6811
3305 Drake Circle
Raleigh NC 27607

Provides counseling and abortion services, HIV/STD testing, birth control. Reduced rate and funding assistance available. Free walk-in pregnancy testing.

A. Philip Randolph Food Bank

919-833-6671
1408 Hillsborough St
Raleigh NC 27605

Referral Needed. ID required. Open from 1:30pm-4pm Monday through Friday.

Accessible Raleigh Transportation (ART)

919-890-3459
www.raleighnc.gov/home/content/PWksTransit/Articles/AccessibleRaleighTransportationService.html

The City of Raleigh provides transportation services for persons with disabilities.

There are two levels of services:

- Tier 1 service is available for permanent Raleigh residents who do not have a valid driver's license, and are identified as a person with a physical or mental disability.
- Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA).

Call for instructions on how to apply.

Al-Anon

<http://www.al-anon.alateen.org/>

Triangle: 919-713-1516

Out of Area: 1-800-243-4035

Spanish: 1-800-251-5738

Al-Anon/Al-Ateen

www.alanonalateen6nc.org (local chapter)

24-hr answering service

Triangle Area: 919-713-1516

Outside Triangle (English): 1-800-243-4035

Outside Triangle (Spanish): 1-800-251-5738

World Service Office: 1-800-344-2666

Twelve-step support group for loved one of those suffering from addiction. Visit

website or call for meeting schedules and other resources.

Alcoholics Anonymous (AA)

Hotline: 919-783-6144

Tri-County Intergroup (Wake, Warren and Franklin County)

www.raleighaa.com

Twelve-step support program for people suffering with alcoholism or other drug addictions. Visit website for meeting schedules and other resources and information.

Alcoholics Anonymous (AA)

919-783-6144

www.aa.org

24-Hour Hotline: 1-866-883-6259

Alliance Behavioral Healthcare

Toll-Free: 1-866-510-9132

www.alliancebhc.org

The Access center is available 24/7 by phone to callers who are seeking Wake County services for mental health, substance use disorders, or developmental disabilities. The staff will conduct a brief telephone intake to assess needs and to determine if caller is in an immediate crisis. The caller will be provided with an appointment with an appropriate provider; based on acuity of symptoms. The Access Center is able to assist all Wake County residents regardless of insurance coverage or ability to pay.

Alliance Medical Ministry

919-250-3320

101 Donald Ross Dr

Raleigh NC 27610

www.alliancemedicalministry.org

Monday-Friday 8:30am-4:30pm

Selected Saturdays 9am-12noon

Sees residents of Wake County with no health insurance, no Medicaid, no Medicare, 18 years or older, and must be employed or live with a family member who is employed. Spanish translator available. Fees based on sliding scale. Appointments required.

Alliance of AIDS Services Carolina

919-834-2437

324 South Harrington St
Raleigh NC 27603
www.aas-c.org

Free confidential HIV testing Mon-Thu: 9am-12noon; Mon & Thu nights:
6pm-8:30pm. Also offer:

- customized HIV/STD education workshops and activities
- speakers of all ages and ethnic backgrounds: professionals, people living with HIV/AIDS, or family members
- free brochures and videotapes on a variety of HIV/AIDS-related topics
- volunteer training
- HIV/STD prevention and community education for colleges, faith communities, and correctional facilities.

AME Incentive Program/Shelter

919-834-3734
412 Capital Blvd
Raleigh NC 27606

Housing for single men. Capacity 36. Shared living space. \$60 per week. Dinner provided.

American Red Cross: Triangle

Chapter

919-231-1602 ext. 410

100 North Peartree Ln

Raleigh NC 27610

www.trianglerycross.org

For disaster or disaster related crisis such as flood, fire, severe weather, etc.

Angel Food Ministries

919-832-7112

Hillyer Memorial Church

718 Hillsborough St

Raleigh NC 27603

www.hillyerchurch.org or www.angelfoodministries.com

Providing discount food orders purchased in bulk. Pre-ordering required. Cash and EBT accepted. Some locations with debit and credit card orders. No income restrictions. See for sample menu and locations in Raleigh, Cary, Fuquay-Varina, Garner, Wendell, and Zebulon.

Apex Family Medicine

919-362-5201

212 South Salem St

Apex NC 27502

www.whsi.org

Mon, Tue, Thu, Fri 8am-5:15pm

Wed 8am-6pm

Services provided include General Pharmacy, Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Hearing & Vision Screening, Immunizations, Pediatric Care). Support services include Case Management, Diabetes Education, Diagnostic Screens/Tests, Health Education, and Eligibility Assistance.

BERT-Center, Inc

919-632-6283

211 West Martin St Suite 160

Raleigh NC 27601

Case management services for those diagnosed with HIV/AIDS

Birthchoice

919-781-5433

3820 Merton Dr #219

Raleigh NC 27609

www.birthchoicewake.org

Free pregnancy testing, free limited ultrasounds. Abortion information and post-

abortion counseling. Referral and resources for maternity homes and adoption agencies.

Brooks Avenue Church of Christ

919-821-2400
700 Brooks Ave
Raleigh NC 27607
www.brooks.org

Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon.
ID required. No referral required.

Note: Only open one Saturday during the months of April, November, & December. Please call to confirm.

Brooks Avenue Church of Christ

919-821-2400
700 Brooks Ave
Raleigh NC 27607
www.brooks.org

No referral required. ID required. 2nd and 4th Saturday of each month,
9:00am-12:00pm.

Note: Only open one Saturday during the months of April, November, December.
Please call to confirm.

C-Tran

919-481-2020

www.townofcary.org/Departments/Planning_Department/Transportation/C-Tran.htm

Hours of Operation Monday through Saturday, 6am-7pm. The Town of Cary provides two types of service: fixed route and door-to-door service. Children aged 6 and younger ride free. Make a reservation to ensure a seat 2 hours to 2 weeks in advance. Call for more information.

Capital Area Transit (CAT)

919-828-7228

1430 & 214 South Blount St

Raleigh NC 27603

www.raleigh-nc.org/transit

Call for information and schedule.

Capital City Christian Church

919-851-5958

4131 Western Blvd
Raleigh NC 27606

Serving zip codes 27603, 27606, 27607. 1st and 3rd Mondays of the month;
11:30am-12:30pm.

Care-Line

1-800-662-7030

In the Raleigh area or outside of North Carolina, call: 919-855-4400

Suicide Prevention Hotline/ Vetern's Crisis Line 1-800-273-8255

Carolina Dispute Settlement Services

919-755-4646

3737 Glenwood Ave, Suite 370
Raleigh, NC 27612

www.notrials.com/fileityourself

Providing mediation services for child custody and visitation issues, small claims, community services, and district criminal court. Sliding scale costs based on income. Court fees and processing fees apply. File it yourself clinic open on Thursdays 9am-3pm. Call for appointment.

Carolinas Poison Center

1-800-222-1222 (24 hour help line)

<http://www.ncpoisoncenter.org/>

Cary Housing Rehabilitation Program

919-380-2782

316 N. Academy St

Cary NC 27511

[Website](#)

Provides assistance to eligible residential property owners located within the town of Cary limits for home repairs and improvements. Repairs can range from minor to major. Subject to income requirements.

CASA

919-754-9960

624 West Jones Street

Raleigh 27610

www.casanc.org

Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability. There are some limited housing for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA. Must have a service provider (250-1260 for list of service providers).

Catholic Charities

919-821-9764

www.catholiccharitiesraleigh.org

Raleigh Location

3000 Highwoods Blvd. Suite 128

Raleigh NC 27604

Cary Location

875 Walnut St Suite 275

Cary NC

Counseling Services are provided from a perspective which recognizes the emotional, behavioral, cognitive, spiritual and physical aspects of individuals' healing or growth. Counseling is provided by licensed mental health therapists or Master-level interns who are closely supervised by licensed clinicians. Counseling services are available in Spanish or English in many areas of eastern North Carolina. Services can be paid for with insurance, or through a sliding fee scale based on income and family size. Adoption Services, Support Circles for Homeless Families, Pregnancy Services, and Parish Social Ministry services are also available.

Catholic Charities

919-873-0094

2013 North Raleigh Blvd

Raleigh 27604

www.cpfhraleigh.org

Family support, parenting programs, support groups. ESL, GED, HEP, computer classes available. Located by the Hispanic Family Center

Catholic Parish Outreach

919-834-9680

2013 North Raleigh Blvd

Raleigh NC 27604

www.cporaleigh.org

Referral required. IDs required for all family members receiving assistance. Provides up to a week of groceries once every 30 days. Monday through Saturday, 10am-1pm.

Catholic Parish Outreach

919-873-0245

2013 N. Raleigh Blvd

Raleigh NC 27604

www.cporaleigh.org

Clothing for children (up to children's size 4); maternity clothing for expectant mothers. Limited supply of baby items. Referral required. ID Card required for all family members receiving assistance. Monday through Saturday, 10:00am-1:00pm.

CDC National STD and AIDS Hotline

1-800-CDC-INFO

(1-800-232-4636)

English Service 24 hours a day, seven days a week.

Spanish Service 8am-2am, seven days a week.

Hotlines provide callers with anonymous and confidential answers to questions about sexually transmitted diseases (STDs) and HIV/AIDS. Referrals also provided Monday-Friday 8am-8pm.

Center for Volunteer Caregiving

919-460-0567

975 Walnut St #311

Cary NC 27511

www.volunteercaregiving.org

Provides volunteer services to help Wake County seniors, family caregivers, and adults with disabilities maintain independence, dignity and quality of life. Services can include transportation, respite care, visiting, phone calls, and light housekeeping and yard work.

Chest of Hope Food Pantry

919-831-1200

Living Waters FGB Church

3309 Cedar Springs Dr

Raleigh NC 27603

Saturday mornings from 9am-12noon. Need NC ID.

Child Abuse and Neglect Reporting (Wake County Human

Services)

English: 919-212-7990

Spanish: 919-212-7000

Child Care Referral Central

1-855-EarlyEd

1-855-327-5933

<http://www.childcareservices.org>

Free child care referral service to families seeking care for children birth to age 12. Child Care Referral Specialists provide consumer education and customized referral to child care programs. Counselors inform families about high quality child care and facilitate their selection of high quality programs that meet their child's and family's needs. Services are provided through phone-based counseling sessions or web-based child care search, in either English or Spanish.

Childcare Subsidy

319 Chapanoke Rd Suite 104

Raleigh NC 27603

www.wakegov.com/humanservices/social/pages/ccs.aspx

Services are provide through Wake Contuy based on familzy size, gross incme,

and apply for Childcare assistance for daycare, before and after-school care.

Church Net

919-554-8109

3525 Rogers Road

Wake Forest NC 27587

www.hopelutheranwf.org/community/churchnet

For past due utilities with ID and SS card. Assistance provided to residents of Wake Forest, Youngsville, & Rolesville. Tues.9am-11:30am; Thurs.12:30pm-3pm.

City of Raleigh Homeowner Rehabilitation Program

919-996-4330

310 W. Martin St Suite 101

Raleigh NC 27601

[Website](#)

Deferred payment home rehab loans for low income and/or elderly homeowners living in City of Raleigh. Loan programs for moderate income families for home rehabilitation also available. Call for more information.

City of Raleigh Retired Senior Volunteer Program (RSVP)

919-831-6295

222 Hargett St

Raleigh NC 27601

www.raleigh-nc.org/communityservices/rsvp

The Retired and Senior Volunteer Program (RSVP) allows people who are 55 and older to contribute their time and talent to nearly 40 community agencies and organizations. RSVP is part of Senior Corps, a program of the Corporation for National and Community Service. Benefits to volunteers include mileage reimbursement, supplemental accident and liability insurance while volunteering, an annual recognition banquet, a quarterly newsletter, birthday and holiday greetings, and — perhaps most important — a sense of belonging.

Community Success Initiative

919-834-7626

1116 N. Blount St

Raleigh NC 27604

www.communitysuccess.org

Through a network of community partners, we work with men and women in prison, former prisoners, people in transition, and their families through our “Resource Center Without Walls”. We provide small group trainings and individual mentoring in general life skills, leadership, entrepreneurship,

financial literacy, and areas related to transitioning back into family and community life.

Consumer Education Services, Inc **(CESI)**

919-785-0725

3700 Barrett Dr. Raleigh, NC 27609

Raleigh NC 27607

- www.mycesi.org
Nonprofit debt management company. Financial education, housing counseling, and credit counseling. Online courses are free and self-paced. National Council on Economic Education.
- www.ncee.net
Computer based learning for youth grades K-12
- www.making-change.org
Online money management education
- www.spendingonmainstreet.org
Practical personal financial advice
- www.FDIC.gov
Money Smart Program

Cornerstone

<http://www.wakegov.com/humanservices/locations/cornerstone/Pages/default.as>

[px](#)

919-508-0777
220 Snow Ave
Raleigh NC 27603

Hours of Operation:

*Monday, Tuesday, Thursday and Friday: 8:30 a.m. to noon and 1 p.m. to 5 p.m.
Wednesday: 1 p.m. to 5 p.m.*

Homeless Identification Cards and assistance with getting a North Carolina State ID for homeless adults. Homeless Identification Cards are issued to the first 9 individuals Fridays from 1:00pm to 4:00pm. Vouchers for NC ID are given out during regular business hours. Individuals must have a current homeless verification letter from an approved homeless shelter or agency to receive an ID card or ID voucher.

Cornerstone (WCHS)

919-508-0777
220 Snow Ave
Raleigh NC 27603

www.wakegov.com/humanserives/housing/homless/cornerstone.htm

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral or appointment.

Cornerstone Center

919-508-0777

220 Snow Ave

Raleigh NC 27603

<http://www.wakegov.com/humanservices/locations/cornerstone/Pages/default.aspx>

All services are for homeless individuals only. Please call to confirm as service times may vary.

Toiletry Items

Mon, Tue, Thu, Fri 8am-12pm. Mon-Fri 1pm-5pm. Subject to availability.

Laundry Facilities

Tue and Fri at 8:30am. Will serve the first 8 individuals.

Showers

Mon, Tue, Thu, Fri at 8:30am. Will serve the first 8 individuals. Mon through Friday at 1pm. Will serve the first 8 individuals. Towels and toiletries provided.

Crisis and Assessment Services (CAS)

919-250-1260

107 Sunnybrook Rd

Raleigh NC 27610

www.wakegov.com/humanservices/adult/crisis/default.htm

Evaluation and Emergency Services, providing assessment and referral services

for Wake County residents seeking admission into Human Services mental health or substance abuse programs. This service is available 24 hours a day, 7 days a week.

Crisis Intervention Hotline

919-545-0224

919-542-5445 Non-Emergent Line

7 days, 24 hours. Serves victims of domestic violence, domestic abuse and sexual assault.

Department of Corrections Re-entry Coordination

919-716-3080

2020 Yonkers Rd, MSC 4221

Raleigh NC 27699

www.doc.state.nc.us/rap/OTS.htm

OTS provides assistance to internal and external stakeholders in developing policies and procedures, shaping new programs and providing training for staff in effective transition and reentry.

Department of Housing and Urban Development (HUD)

800-594-9057

National Service Center

www.hud.gov

Help for FHA homeowners to work with lenders for creative solutions to avoid foreclosure.

DHIC Homeownership Center

919-832-4345

113 S. Wilmington St

Raleigh NC 27601

[Website](#)

Homebuyer education, pre-purchase counseling, revolving loan fund. DHIC also has several affordable apartment communities.

Disabled American Veterans (DAV)

919-526-6860

Woodrow Wilson Chapter #1

1700 Hodge Rd

Knightdale NC

VA Claim preparation assistance Tue & Thu 10:30am-3:30pm.

DAV Van (to appointments at the Durham VA Medical Center)

919-872-9080 or 919-801-4557

Volunteers drive veterans with morning appointments at the Durham VA Medical Center to and from the Raleigh VA Clinic at 3305 Sungate Blvd, Raleigh NC. Patient must be mobile (no crutches/wheel chairs/walkers), no pick up of medicine. Veteran should call 2 days prior to the appointment to schedule a ride.

Division of Aging and Adult Services

919-855-3400

www.dhhs.state.nc.us/aging

Office Location

Taylor Hall 693 Palmer Dr

Raleigh NC 27603

Mailing Address

2101 Mail Service Ctr
Raleigh NC 27699-2101

Provides information and resources for Adult Day Care/Health Programs, Alzheimer's Disease and Other Dementias, Demography/Planning, Employment, Family Caregiver Support, Health, Housing/Home Improvement, Long Term Care Options, Ombudsman Program, Senior Centers, Senior Rights Protections, Services for Older Adults and People with Disabilities.

Division of Employment Services

919-212-3849 x228
3351 Carl Sandburg Ct
Raleigh NC 27610
www.ncesc.com

Homeless and formerly incarcerated veterans programs offering information on employment assistance, veteran's benefits information, shelter, food, educational assistance, legal assistance, drug and alcohol treatment referrals, and mental health treatment referrals.

Division of Services for the Blind

919-733-9822
309 Ashe Ave
Raleigh NC 27606
[Website](#)

Must meet income eligibility based on household size. Must be a citizen or have Permanent Residency Card; can include children up to age 22 (if listed on income tax return as dependents). Co-pays to providers are required.

Doorstep Ministry, Edenton Street United Methodist Church

*228 West Edenton Street
Raleigh, NC 27603*

919-832-9530

Monday - Thursday, 8:00 AM - 1:00 PM

Client should bring photo ID, proof of income, bill/lease, SS cards for all household members

Calls for appointments for financial aid (rent, utilities) are taken on Mondays from 10:00 AM to 12:00 PM. Appointments are scheduled for Tuesday and Wednesday mornings. No walk-ins.

Food and diaper referrals are available without an appointment.

www.esumc.org

Dorcas Ministries

919-469-9861

187 HighHouse Rd
Cary NC 27513
www.dorcas-cary.org

Durable medical equipment supplies (walkers, crutches, canes, or bedside commodes) are provided free of charge when in stock to residents of Cary or Morrisville.

Dorcas Ministries

919-469-1351
187 HighHouse Rd
Cary NC 25711
www.dorcas-cary.org

Serves only residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, New Hill, and Friendship. ID and proof of residence required. Monday -Friday, 10am-1pm; Sign in by 12:30pm.

Dorcas Ministries

919-469-9861
187 Highhouse Rd"
Cary NC 27511
<http://.dorcas-cary.org>

Assistance for residents of Cary, Morrisville, Friendship and New Hill. Residents of Apex and Holly Springs seen with referral from Western Wake

Crisis Ministry. Help with past due bills of an emergency nature (i.e. rent, gas, or electric). Monday-Friday 10am-1pm (sign in by 12:30).

Dress for Success

919-665-4500

1390 Capital Blvd

Raleigh NC 27603

www.dressforsuccess.org/trianglenc

Dress for Success Triangle works to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life.

Offers professional attire to women before their initial interview. After the initial job interview and after they find work, she can receive additional professional attire. This organization serves clients by referral only and must have an initial interview scheduled. Dress for Success also provides support for women during their transition into the workforce by providing a professional women's group and a career center. Does not charge a fee.

Drop-In Center: A.A. Thompson (WCHS)

919-856-5240

567 East Hargett St

Raleigh NC 27601

www.wakegov.com/humanservices/locations/thompsoncenter/htm

Psychosocial educational program for Wake County residents who are 18 or older who have a primary diagnosis of severe mental illness and sometimes co-occurring substance abuse. They must be referred by their primary mental health provider and complete the admission process. Activities include socials skills and independent living skills training, AA meetings, support and recovery groups, Job Club, exercise, arts and crafts, and recreational activities.

Drug Helpline

1 (877) 748-3971

Durham VA Medical Center

919-286-0411

508 Fulton Street

Durham NC 27705

www.durham.va.gov

Serves Veterans in 26-county area of central and eastern NC. Provides caregiver support, geriatric and extended care, health promotion and disease prevention, mental health services, pharmacy, primary care, social work and specialty care.

East Central Community Legal Services

919-828-4647 or toll free 1-866-219-5262

130 Penmarc Drive Suite 101

Raleigh NC 27603

<http://www.nc-van.org/directory/harnet/eastcentralcommuntymunitylegalservices.html>

Provides free legal assistance in civil matters to low income individuals. With the exception of victims of domestic violence and persons 60 yrs. old and over, clients must meet an income requirement before services will be rendered. Areas of service include: disability, domestic violence, custody disputes, unemployment insurance & other public assistance programs, wills, elder law, consumer problems, employment, tenant/landlord issues. Assistance in other areas may be provided. Litigation and service areas are limited, please call for more information.

Eastern Carolina Immigrants Rights Project (NC Justice Center)

919-856-27601

224 South Dawson St

Raleigh NC 27601

www.ncjustice.org/?q+node/363

Free legal services to immigrants in eastern NC, with a focus on impact cases in the areas of workers' rights, consumer issues, housing, public benefits, & discrimination (no immigration law).

Eastern NC Chapter of the Alzheimer's Association

919-832-3732 or toll-free 800-228-8738

1305 Navaho Dr Ste 101

Raleigh NC 27609

www.alznc.org

Provides family support, community education, public awareness and supports research for the prevention, cure and treatment of Alzheimer's disease and related disorders. Provides assistance with information, educational programs and services to patients, their families, health care professionals and the general public.

El Pueblo, Inc

700 Blue Ridge Rd. Suite 101

Raleigh

27606

919-835-1525

www.elpueblo.org

NC

El Pueblo is a N. C. non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino community. Provides leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state and national levels.

Employment Security Commission

919-733-4896

3351 Carl Sandburg Ct

Raleigh NC 27610

www.ncesc.com

Assists job seekers with criminal background, older workers, summer youth, and persons with disabilities.

EyeCare America

1-877-887-6327

[Website](#)

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to eligible individuals. Call or visit website to confirm eligibility. Glaucoma eye exam available for some.

Fairmont UMC

919-832-3316

2501 Clark Ave

Raleigh NC 27607

<http://www.fairmontumc.org/>

Bagged Lunches are served Tuesdays and Thursdays 11:00am-1:00pm

Fathers Forever

919-332-5793

451 New Bern Ave #130-227

Raleigh NC 27610

www.afatherforever.com

Fathers Forever's first priority is fathers who are delinquent in their child support payments. The Judicial System can refer participants to us as a jail diversion and Child Support agencies can refer clients to us as a preventative measure. We will also take referrals from other community support agencies.

Fellowship Home of Raleigh

919-833-6030

506 Cutler St

Raleigh NC 27603

www.fellowshiphome.org

Half-way house for men recovering from addiction. Referral required. Length of stay average 4 to 6 months. Weekly rent, 11pm curfew, attending AA, and full-time work required during stay.

First Baptist Church

919-832-4485

99 North Salisbury St

Raleigh NC 27603

<http://fbcraleigh.org/>

Individuals visting the Clothing Closet will also be provided with hygiene/toiletry items. ID required. Wednesday 10:30am-12noon; Thursday 1pm-2:30pm.

First Baptist Church

919-832-1649

101 South Wilmington St
Raleigh NC 27601
<http://raleighfirstbaptist.org>

Sunday breakfast served at 8:30am for people that are homeless who attend 7:30am service.

First Baptist Church

919-832-4485
99 North Salisbury St
Raleigh NC 27601
www.fbcraleigh.org

Clothing for men, women and children. Some type of ID required such as social security card or driver license. Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm.

Forest Hills Baptist Church

919-828-6161
201 Dixie Trail
Raleigh NC 27607
<http://foreshills.org/international>

ESL: September through May. Wednesdays 6pm-7:45pm; Sundays 9:30am-10:45am. Contact the Minister to Internationals at 919-828-6161 x111.

Foundation for Sight and Sound

631-366-3461

[Website](#)

EarQ provider participation required; call for provider in your area. No hearing aid benefits, yearly income below \$25,000, and copays may apply.

Fuquay Emergency Food Pantry

919-552-7720

216 West Academy St

Fuquay Varina NC 27526

<http://www.fvfoodpantry.com/>

Fuquay Varina, Willow Springs and Holly Springs residents only. Open Tuesday 9am-11:45am and Thursday 2pm-5:45pm

Garner Area Ministries

919-772-9100

560 Village Ct

Garner NC 27529

www.gam-nc.org

Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available. Monday- Friday, 9am-12noon.

Garner Area Ministries

919-772-9100

560 Village Ct

Garner NC 27529

(Corner of HWY 70 & Aversboro Rd)

Must be a resident of the Garner area. Monday, Wednesday, and Friday 9:00am - 12:00pm.

Garner Area Ministries

919-772-9100

560 Garner Village Ct

Garner NC 27529

www.gam-nc.org

Assist applicants living in Garner, and those living in some parts of 27603 & 27610. Assistance for past due utility bills & rent (w/ eviction notice from Sheriff's dept). Monday-Friday 9am-12noon.

Gateway

919-833-0096

1306 Hillsborough St, Raleigh NC 27605

www.gatewaycampus.org

Pregnancy Resource Center. Provides free pregnancy testing, education, HIV/STD testing, counseling, ultrasounds.

Monday 10:00am - 8:00pm, Tuesday - Thursday 10:00am - 10:00am - 2:00pm, Friday 10:00am - 2:00pm. HIV/STD testing 1st and 3rd Mondays 12:00pm - 3:00pm.

Gateway Pregnancy and Sexual Health Resource Center

919-833-0096

1306 Hillsborough St

Raleigh NC 27605

gatewaycampus.org/index.htm

Pregnancy options counseling, emotional support, childbirth education, fatherhood classes, infant care classes, HIV/STD testing, and pregnancy testing.

24-hour HELP Line: 1-800-395-4357

Good Work

919-817-0652

P.O.Box 6013

Raleigh NC 27628

www.goodwork.org

Participants increase understanding of household economics, finances, asset development, entrepreneurship, business and organizational development, and stewardship and sustainability.

Goodwill Industries

919-828-7490

321 West Hargett St

Raleigh NC 27601

www.goodwillenc.org

Employment opportunities in retail setting for individuals with disabilities or social disadvantages.

Goodwill Industries of Eastern North Carolina

919-828-7490

321 West Hargett St

Raleigh NC 27601

www.gcflearnfree.org

Beginning computer skills are taught: Introduction to Computers, Introduction to Internet and Email, and Introduction to Office Applications. Call about registration days and times. Also, online reading programs and tutorials available at <http://www.gcflearnfree.org>.

GoTriangle

1-919-485-7483

www.gotriangle.org

GoTriangle is a partnership of public transportation agencies and organizations funded to promote commuter benefits in the Triangle. CAT, DATA, C-Tran, Chapel Hill Transit, Duke Transit, and NCSU Wolfline) all centrally located in one online resource. Provides real time bus locations and a trip planner.

Governor's Advisory Council on Latino Affairs

116 West Jones St

Raleigh

27603

- 919-733-2737

NC

The council advises the Governor on issues relating to the Hispanic/Latino community in North Carolina, supports state efforts toward the improvement of race and ethnic relations and provides a forum for discussion of issues concerning the Hispanic/Latino community.

Habitat for Humanity of Wake County

919-833-1999

2470 Raleigh Blvd

Raleigh NC 27604

[Website](#)

Construction and sale of affordable homes for low-income households. Some income requirements apply. The first step in applying for a Habitat home is attending a Homeownership Information Session at the Habitat Wake offices.

Hallelujah Soup Kitchen

919-592-2365

1904 S. Wilmington St

Raleigh NC 27603

www.gods-helpers.org

Serves breakfast Wed-Fri 7:30am-8:30am.

Harvest of Hope Foundation

1-800-234-8848

www.harvestofhope.net

Providing emergency aid and assistance to migrant farm worker and their families with education, immunizations, medical and social services

Haven House Services

919-833-3312

600 West Cabarrus

Raleigh NC 27603

www.havenhousenc.org

GED online program for completion of high school diploma. Second Round Boxing program-Basic boxing classes for female and males ages 10-21; M-W-F 5pm-7pm.

Haven House: Outreach Center

919-833-3312

600 W. Cabarrus Street
Raleigh NC 27603

Website

The Outreach Center: 832 Wake Forest Rd. Raleigh NC

Wrenn House: 908 W. Morgan St. Raleigh NC.

Provide day shelter for homeless & street-dependent youths aged 10-23 years and their families. Provides basic needs assistance such as food, clothing, hygiene, ID assistance and case management and counseling services. Resources available for overnight shelters.

Services:

- *Day Shelter*
- *Food, Hygiene Supplies, Showers, Laundry Facility, Clothes, Diapers/Wipes, Bus Passes, Computer Lab, Referrals*
- *Life Skills Classes*
- *Safe place for study, socialization and positive recreational activities*
- *Available Case Managers and Counselors*
- *Street Outreach Team*

Eligibility:

- *Youth ages 10-23*

Process:

- In person intake
 - Photo ID (Waiver can be provided to obtain one if needed)
-

Holly Hill Hospital

919-250-7000

3019 Falstaff Rd

Raleigh NC 27610

www.psolutions.com/facilities/hollyhill

Provides treatment programs for children, adolescents, and adults covering a wide ranger of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient's needs is available 24 hours a day, seven days a week through the RESPOND department.

Holly Hill Respond (Crisis Intervention)

919-250-7000

3019 Falstaff Rd

Raleigh, NC 27604

The RESPOND department provides crisis phone, assessment, and admission services 24 hours a day, seven days a week and serves as the emergency department of Holly Hill Hospital.

Hope Community Church

919-532-0620

821 Buck Jones Rd

Cary NC 27511

www.gethope.net

Provides personal budget counseling and Financial Peace University program to get out of debt, stay out of debt, and build wealth.

Hopeline

919-231-4525

7 days, 24 hours. Crisis and suicide prevention. Provides confidential, nonjudgmental, caring listening for community members facing life difficulties or crisis.

Horizon Health Center

919-743-3315

1001 Rock Quarry Rd

Raleigh NC 27610

www.whsi.org

Monday through Friday 8am-5pm

Services provided include General Primary Medical Care (Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Hearing & Vision Screening, Immunizations, Pediatric Care). Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health Education, Eligibility Assistance, Substance Abuse Services, Social Workers. Must have verification of homelessness.

Horizon Health Center

919-743-3315

1001 Rock Quarry Rd

Raleigh NC 27610

www.whsi.org

Monday through Friday 7am-5pm. Provides HIV treatment services and related medical care. Call for an appointment.

Hospice of Wake County

919-828-0890

250 Hospice Cir

Raleigh NC 27607

www.hospiceofwake.org

Providing end of life care and resource information. Provides free grief counseling and support services.

Housing Authority of the County of Wake

919-269-6404

100 Shannon Street

Zebulon, NC 27597

www.hacwnc.org

Public housing and Housing Choice Vouchers. Waiting list for both programs is closed until further notice

Immigrants Legal Assistance

Project

919-856-2570

224 S. Dawson St

Raleigh, NC 27601

www.ncjustice.org

The North Carolina Justice Center provides legal assistance to low-income North Carolinians in selected, “high-impact” cases that are designed to help alleviate poverty by protecting or expanding important rights for large numbers of vulnerable people. Client intake for immigration law matters takes place on alternate Tuesdays from 9:00 a.m. to 5:00 p.m. only. Appt. required; no “walk-ins”.

Incentive Housing Dormitory (IHD)

919-856-6109

220 Snow Ave

Raleigh NC 27603

Homeless men returning to self-Sufficiency. Capacity for 19 Men. Length of stay is 1-6 Months. Studio Apartments (shares the building with Cornerstone on Snow Ave). Extension of South Wilmington Street Center’s transitional housing program, the program offers intensive case management, substance abuse support, and life skills development; voluntary program with a monthly program fee.

Inmates to Entrepreneurs

1-866-603-7029 x683

5565 Centerview Dr

Raleigh NC 27606

www.inmatestoentrepreneurs.org/about

A community outreach program developed by Sageworks to educate inmates on how they can start productive, low capital service businesses upon their release from prison. The program is free and was created to help individuals through the inherent challenges in getting re-integrated into society and the workforce. Participants continue to receive services upon release.

Interact Domestic Violence Hotline

919-828-7740

24-hour hotline for battered women, victims of domestic violence.

Interact Rape Crisis Hotline

919-828-3005

24 hour crisis line. Provides information and support for survivors of sexual assault (including incest) and information and support for their friends and family members.

Interact SOLACE Center

919-828-3067

24-hour hospital counseling and support

Interfaith Food Shuttle Culinary Job Training Program

919-250-0043 x 3880

1001 Blair Dr

Raleigh NC 27610

www.foodshuttle.org

11-week culinary (chef) training program. The program includes teaching ServSafe Certification on a manager's level, life skills, employment skills, stress management, anger management, budgeting & financial planning, a sexual

harassment seminar, resume creation, interviewing skills and job placement. Students receive weekly stipend.

Islamic Association of Raleigh

919-834-9572

808 Atwater St

Raleigh NC 27607

www.raleighmajid.org

Wake County residents only. Muslim and non-Muslim residents served. Every 1st Saturday of the month.

JobLink Career Center

919-250-3770

Wake County Human Services Center

220 Swinburne Street, 3rd Floor

Raleigh NC 27610

www.joblinkcc.com

The JobLink Career Center located in the Wake County Human Services Center on Swinburne Street provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Monday - Friday, 9am-4:15pm; Tuesdays open until 8pm. Note: There are several JobLinks in Wake County. For locations and hours of

operation, visit the [JobLink website](#).

Junior League of Raleigh Bargain Box

919-833-7587
401 Woodburn Ave
Raleigh NC 27605

Referral required. Bargain Box referrals only, accepted from participating agencies. Monday through Saturday 10am-6pm.

Knights Templar Eye Foundation

214-888-0220
[Website](#)

Provides assistance for eye surgery for people who are unable to pay or receive adequate services from current government agencies or similar sources.

Latino Community Credit Union

919-855-9696

1420 Hardimont Rd.

Raleigh 27609

919-773-9180

4418 Fayetteville Rd

Garner, NC 27603

Open Mon-Thu 9am-5pm and Fri 9am-6pm. Services tailored to new immigrants www.latinoccu.org

Latino Community Credit Union **(La Cooperativa Latina)**

919-855-9696

1420 Hardimont Rd

Raleigh NC 27609

www.cooperativalatina.org

Banking services for members. Costs \$10.00 to open an account and a \$20.00 once in a lifetime family membership fee for other services. Membership includes access to help with financial problems, financial education and credit counseling. Valid picture ID required to open an account.

LawHelpNC

www.lawhelpnc.org

Assistance with a variety of legal issues such as child custody, bankruptcy and benefits. Services come at little to no cost.

Legal Aid of North Carolina: Raleigh Office

919-856-2564

224 South Dawson St

Raleigh NC 27601

www.legalaidnc.org

Legal Aid of North Carolina (LANC) is a statewide, nonprofit 501(c)3 law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. LANC also has the following specialized services: Advocates for Children's Services (Durham office), Battered Immigrant Project (offices across NC), Domestic Violence Project (offices across NC), Fair Housing Initiatives Project (Raleigh office), Farmworker Unit (Raleigh office), Mortgage Foreclosure Prevention Project (offices across NC), Senior Law Project, Latino Services. Monday - Friday 8:30am - 5:00pm

Lifeline & Link-Up

919-733-2810 (for questions only)

www.lifelinesupport.org

Low-Income individuals and families may qualify for discount basic telephone service. Contact the telephone service provider directly to qualify.

SafeLink Wireless

1-800-SafeLink (723-3546)

www.safelinkwireless.com

Assurance Wireless

1-888-898-4888

www.assurancewireless.com

Lincoln Park Holiness Church

919-822-2009

13 Heath St

Raleigh NC 27610

By appointment only. On bus route.

Lions Clubs International

www.LionsClubs.org

Lions have eyeglasses and hearing aids programs. Check the website to find a local office and contact that office for an appointment.

Longview United Methodist Church

919-834-7554
2312 Milburnie Rd
Raleigh NC 27610

Must be a resident of Raleigh, ID required. MUST CALL FOR AN APPOINTMENT. Food pantry on 2nd and 4th Wednesdays 12:30pm-3:30pm.

Lutheran Family Services

616
Hutton Street
Raleigh, NC 27606
Office Box 12287

Raleigh
27609
919-832-2620

NC

www.lfscarolina.org

Provides a variety of refugee and immigration services

Lutheran Family Services in the Carolinas

919-861-2807
112 Cox Avenue
P. O. Box 12287
Raleigh 27605
www.lfscarolinas.org/refugeeimmigration

Provides a variety of refugee and immigration services. Offers immigration counseling, refugee social services, sponsorships and assistance with resettlement

Mariam Clinic

919-824-4672
3126 Blue Ridge Rd
Raleigh NC 27612
www.mariamclinic.org

Free for those who meet income eligibility. Must be age 18 or over. One Member of the household must be employed. Must live in Wake or Durham counties. Appointments only. Call on Wednesday 10am-5pm or Thursday 2pm-5pm. Clinic hours are Sunday 1pm-5pm. Services provided Acute care, short term chronic care, referrals, discount labs and radiology services, psychiatry and counseling, and interpreter services. No emergency or obstetric services.

Use the website to see if eligible.

[Martin Street Baptist Church](#)

(919) 833-9756

1001 E Martin St

Raleigh, NC 27601

<http://www.martinstreetbaptist.com/>

Food: Blessings in Bags grocery food distribution every 2nd Saturday. Arrive at 8:00 am, shop at 10:00 am.

Clothing: Clothes Closet distributes free clothing every Tuesday from 12:00 pm to 3:00 pm

Benevolence Ministry: Provides financial assistance for final notices for light and gas bills. Must be resident of Raleigh. Interviews on the first and third Tuesday of each month from 12:30 pm - 1:00 pm at Martin Street Baptist Church (October to June). Bring picture ID, bill, pay stubs, and any other documentation that you can think of might be needed. If you want children to be considered, please have their original birth certificate. You can receive assistance once every 12 months.

Meals on Wheels

919-833-1749

919-832-2592

616 Tucker St.

Raleigh NC 27603

www.wakemow.org

Home delivered meals for the disabled and home-bound seniors. Applicants must reside in Wake County, and have a chronic disability that inhibits the ability to shop for food and/or preparing meals. Individuals under 60 may qualify if certain criteria are met. Call 919-833-1749 for details.

Congregate dining program also serve daily lunch at noon for senior citizens at sites throughout Wake County. [Please call a location to make a reservation.](#)

Miracle Ear Children's Foundation

Creedmoor Lynn Commons

6500 Creedmoor Rd, Ste 114

Raleigh, NC 27613

[\(919\) 782-3590](tel:(919)782-3590)

<https://www.miracle-ear.com/en-us/>

Must be age 16 or younger. Application required, medical documentation (medical clearance from doctor, audiogram dated within last 6 months), income between \$20,000-\$45,000. Must not be eligible for public assistance programs. Must show that you have been denied assistance for public assistance program in writing. Forms downloadable from website.

National Alliance for Hispanic Health

202-387-5000

1501 16th St NW

Washington DC 20036-1401

www.hispanichealth.org

Helpline (866) 783-2645

Provides information to the hispanic community regarding health issues and access to primary care.

National Call Center for Homeless Veterans

877-4AID-VET

(877-424-3838)

www.va.gov/HOMELESS/for_homeless_veterans.asp

Providing transition services to homeless or at-risk veterans. The hotline and online chat are free and neither VA registration nor enrollment in VA healthcare is required to use either service.

National Council of La Raza

202-785-1670

www.nclr.org

Advocacy organization for Hispanic rights and interests.

National Record Center

1-866-272-6272

9700 Page Ave

St. Louis MO 63132-5100

www.archives.gov/veterans

Military personnel records, health, and medical records of discharged and deceased veterans of service during the 20th century. Records prior to WWI see National Archives Building in Washington DC.

National Resource Directory

www.NationalResourceDirectory.gov

Online partnership for wounded, ill, and injured service members, veteran, families, and those who support them.

National Runaway Safeline

1-800-786-2929

www.1800runaway.org

24/7. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

NC Assistive Technology Program

919-855-3564

4900 Waters Edge Dr Suite 250

Raleigh NC 27606

www.ncatp.org

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community

life.

NC Association of Educators

700 South Salisbury Street
Raleigh, NC 27601

800-662-7924
www.ncae.org

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

NC Department of Commerce, Division of Employment Security

Two locations:

919-212-3849
1830-B Tillery Place
Raleigh NC 27604

919-469-1406
742-F East Chatham St

Cary NC 27511

www.desncc.com

Monday through Friday 8:30am-5pm. Register at a local office and get access to information on Jobs currently posted at www.ncworks.gov.

NC Division of Motor Vehicles (NCDMV)

919-816-9128

3231 Avent Ferry Rd

Raleigh NC 27605

www.ncdot.org/dmv

Mon-Fri 8am-4:30pm. Valid or expired photo ID or 3 forms of approved identification required. A driver's license office may waive the \$10.00 fee for homeless customers who present a letter from an agency that provides care of shelter to homeless person verifying homeless status. There are also other driver's license offices in Wake County.

NC Division of Veteran's Affairs

919-807-4250

413 North Salisbury St

Raleigh NC 27603

www.nc4vets.com

www.facebook.com/nc4vets

State level office that assists veterans and their dependents connect to resources. Open Monday thru Friday from 8am-5pm.

NC Division of Vital Records

Phone: p19-733-3000 FAX: 919-733-1511

225 North McDowell St

Raleigh NC 27601

Mailing Address:

1903 Mail Service Center Raleigh, NC 27699

<http://vitalrecords.nc.gov>

Office Hours for Walk-In Service: Monday through Friday, 8:00 AM-3:00 PM.

Main Switchboard Hours: Monday through Friday, 8:00 AM-5:00 PM

Can immediately obtain birth certificates in person from any North Carolina county. \$24.00 fee; \$15.00 fee for each additional copy. Can use a credit card for requests online or by fax or telephone (1-800-669-8310)

NC Foreclosure Prevention Fund

1-844-327-7955

www.FightNCForeclosure.org

Helps NC homeowners who are struggling to make their mortgage payments due to job loss or temporary financial hardship. For qualified homeowners, the Fund can provide an interest-free loan of up to \$36,000 to pay your mortgage and other related expenses for up to 36 months while you search or retrain for new employment. If you are currently employed but have a second mortgage that is unaffordable because of a prior job loss or reduced income, the Fund offers an interest-free loan of up to \$30,000 to pay off your second mortgage. The Fund provides assistance at no cost to you.

NC Free Legal Help

919-828-4647

1-866-219-5262 (toll free)

224 South Dawson Street

Raleigh, NC 27601

Mailing: P.O. Drawer 1731

Raleigh, NC 27602

www.ncfreelegalhelp.org

NC Free Legal Help is an educational program of the North Carolina Advocates For Justice, an association of attorneys practicing across North Carolina dedicated to Protecting People's Rights. The 500-plus participants in the NC Free Legal Help database have agreed to provide free initial legal information through a phone call or email exchange. The participants will not provide legal advice but will provide you with information about the law.

NC Hispanic Chamber of Commerce

919-782-8764

150 Fayetteville St #110

Raleigh NC 27601

www.nchispanicchamber.org

The North Carolina Hispanic Chamber of Commerce offers its Hispanic and non-Hispanic members competitiveness through the many programs it provides, including seminars, networking opportunities, marketing consultations, referral networking and advocacy.

NC Housing Finance Agency

919-877-5700 or 1-800-393-0988

3508 Bush St

Raleigh NC 27609

www.nchfa.org

Low interest rates, down payment assistance, foreclosure prevention

NC Housing Search

www.nchousingsearch.org

Search for affordable housing options by area, size, price, and other categories.

NC Justice Center

919-856-2570

224 S Dawson St

Raleigh 27611

www.ncjustice.org/?q=immigrants-and-refugees

Immigrant and Refugee Rights Project works to ensure that low-income immigrants have the legal representation necessary to navigate the complex and one rimmigration system, protect immigrants and their families from abuses in the public and private sectors, advance public policies that improve the well-being of immigrant families and provide them with opportunities for economic security, and promote acceptance and understanding of immigrants and immigrant communities in North Carolina.

NC Refugee Assistance Program (DHHS)

919-527-6300

www.ncdhhs.gov/dss/refugee

The primary focus of the NC Refugee Assistance Program is economic self-sufficiency as soon as possible. The NC Refugee Assistance Program (RAP) consists of two primary service areas - refugee public assistance and refugee social services. The NC-RAP also includes other discretionary grant funded

programs. They are: assistance to public schools for educational support to refugee children (School Impact), targeted employment assistance in Guilford and Mecklenburg counties (Targeted Assistance Grant), aging services to older refugees, preventive health screening and targeted services to certain populations-the Hmong and Cuban/Haitians.

NC Services of the Deaf and Hard of Hearing

*Division of Services for the Deaf and the Hard of Hearing
2301 Mail Service Center
Raleigh, N.C. 27699-2301*

1-800-851-6099

www.ncdhhs.gov/dsdhh

Advocacy, information, counseling, skills development and tools for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired individuals and their families. Consultation and training for agencies, organizations and businesses such as law enforcement, hospitals, 911 calls centers, churches and hotels - so that people with hearing loss may experience full access. Telecommunications access for all through relay services and assistive technology.

NC Society of Hispanic

Professionals

919-467-8424

8450 Chapel Hill Rd, suite 209

Cary, NC 27513

www.thencshp.org

“Acknowledging the under representation of Hispanic youths in higher education...it is the intent of the NCSHP to develop and secure educational opportunities and financial support to improve Hispanic youth’s success and school performance.”

NC Women’s Co-Op

919-541-7255

507 East Martin St

Raleigh NC 27610

www.cdc.gov/hiv/topics/research/prs/resources/factsheets/women.htm

Outreach services focusing on HIV/AIDS and substance abuse prevention/education, free HIV testing.

New Bern Ridge Dental Center

919-250-2930

2620 New Bern Ave

Raleigh NC 27610

[Website](#)

Dental services for children ages 0-19 only. Medicaid and NC Health Choice insurance accepted; application assistance through on-site case manager available. Spanish-speaking staff. Discount Fee Program for uninsured children.

Monday through Thursday 7:30am - 6pm, closed daily for lunch 1:00pm - 2:00pm. Walk-ins accepted.

North Carolina Assisted Living Association

919-467-2486

3392 Six Forks Rd

Raleigh NC 27608

www.ncala.org

Information regarding assisted living facilities in NC.

North Carolina Community College System

919-807-7100

200 West Jones Street

Raleigh NC 27603

www.nccommunitycolleges.edu

Colleges provide education, training and retraining for the workforce, including basic skills, ESL and literacy education, occupational and pre-baccalaureate programs. (Technical Programs; Vocational Programs; Continuing Education; Basic Adult Education Programs; College Transfer Programs; General Education Programs; and Industry Programs).

North Carolina Department of Health and Human Services

919-662-4499

Division of Child Development

2201 Mail Service Center

Raleigh NC 27699

ncchildcare.dhss.state.nc.us

Childcare information including child care facility licensure and early intervention.

North Carolina Division of Services for the Blind

919-733-4234

2601 Mail Service Center - Cole Building

Raleigh NC 27699

www.ncdhhs.gov/dsb or www.visionaware.org

Rehabilitation Program: Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

North Carolina Human Relations Commission

919-807-3320

121 West Jones Street

Raleigh NC 27603

1-800-FAIR HSG

(1-800-324-7474)

www.doa.state.nc.us/hrc/fairhousing.aspx

This state agency enforces the fair housing laws. You can file complaints with them or get information on fair housing.

North Carolina Prisoner Legal Services Inc

919-856-2212

1110 Wake Forest Rd

Raleigh NC 27604

www.ncpls.org

Our core mission is to protect our clients' constitutional rights by challenging illegal convictions and sentences and by ensuring safe and humane conditions of confinement. In addition to litigating our clients' cases in state and federal courts, we also provide inmates with general information and advice concerning legal rights and responsibilities, work towards administrative resolutions of legitimate problems, and provide information to discourage pursuit of unnecessary litigation.

North Carolina Real Enterprises

919-781-6833 ext: 124
3739 National Dr #100
Raleigh NC 27612
www.ncreal.org

*Building skills and knowledge for entrepreneurship through financial literacy. Programs for K-8, 9-12, and adults. Scholarships available. Professional development opportunities also available. * When calling this number answering service will state, "This is the Public School Forum"- note select extension 124 for NC Real Enterprises.*

North Carolina Senior's Health Insurance Information Program

(SHIIP)

800-443-9354

www.ncshiip.com

Senior's Health Insurance Information Program (SHIIP) is a consumer information division of North Carolina Department of Insurance that assists people with questions about Medicare, Medicare Part D, Medicare supplements, etc.

North Raleigh Lions Club

919-957-2131

e-clubhouse.org/sites/northraleighnc/contact.php

Please note that persons requesting help with eyeglasses must provide for their own eye exam. They must also have a referral from someone other than themselves or family member who can attest to their financial condition. This can be Social Services or a pastor. Please call to receive further instructions and a request form.

North Raleigh Ministries

919-844-6676

9650 Strickland Rd Suite 175

Raleigh NC 27615

www.northraleighministries.com

Food pantry by walk-in or appointment, Must present NC picture ID, original Social Security card for all household members, all household bills, current signed lease or mortgage statement, proof of any household income, proof of crisis, and proof of address (Must be a resident in zip code 27604, 27609, 27612, 27613, 27614, 27615, 27616). Financial assistance appointments are made on Mondays and Thursdays by phone only at 10:00am.

Crisis Center and Market Hours:

Monday: 10am - 3pm

Tuesday: 10am - 12:30pm

Wednesday: 10am - 12:30 pm & 5:30pm - 8pm

Thursday: 10am - 3pm

Friday: Closed

Saturday & Sunday: Closed

[North Raleigh Ministries](http://www.northraleighministries.com)

919-844-6676

9650 Strickland Rd #175

Raleigh NC 27615

www.northraleighministries.com

Call for Appointment on Mondays or Thursday at 10 am.

Zip codes served: 27604, 27609, 27612, 27613, 27614, 27615, 27616.

Required Documents: NC photo ID, original social security cards for all household members, all household bills, current signed lease or mortgage statement, proof of any household income, and proof of crisis.

Oak City Outreach Center (OCOC)

www.endhomelessnesswake.org

Hours of Operation

Saturdays and Sundays, 9:00AM - 6:00PM

Located At

215 1/2 South Person Street, Downtown Raleigh

Across from Moore Square behind the Old Salvation Army Building

The Oak City Outreach Center is operated by Catholic Charities, provides meals and restrooms.

Office of Minority Health & Health Disparities, NC DHHS

919-431-1613

1110 Navaho Drive, Suite 510

Raleigh NC 27609

www.ncminorityhealth.org

Mission: To promote and advocate for the elimination of health disparities among all racial and ethnic minorities and other underserved populations in North Carolina.

Oxford House (for Men)

State Office: 919-668-1998

Toll-Free: 1-800-486-6488

www.oxfordhousesnc.org

General Information: Self-run, self-supported group housing for men recovering from addiction; various homes in Raleigh; Fees required:

- *Arrowwood: 919-838-9939*
 - *Battle Ridge: 919-326-8824*
 - *Jones Franklin: 919-900-8538*
 - *Mordecai: 919-325-9753*
 - *Dixon: 919-784-8611*
 - *Brinkley: 919-981-6523*
 - *Maynard: 919-651-9603*
 - *Lorimer: 919-851-1756*
 - *Crosslink: 919-755-0603*
 - *Firelight: 919-834-8139*
 - *Cary: 919-651-9603*
 - *Garner: 919-329-0325*
 - *Oakridge: 919-468-9306*
 - *Hearth: 919-875-9656*
 - *Pinecrest: 919-876-9335*
 - *Holly Drive: 919-844-3573*
 - *Wimbleton: 919-781-6505*
 - *New Hope: 919-322-0011*
 - *New Bern: 919-803-4939*
-

Oxford House (for Women)

State Office: 919-668-1998

Toll-Free: 1-800-486-6488

www.oxfordhouseenc.org

General Information: Self-run, self-supported group housing for men recovering from addiction; various homes in Raleigh; Fees required:

Oxford Houses for Women:

- Brentwood: 919-876-9260
- Holly: 919-844-3543
- Sawmill: 919-844-8311
- Pond: 919-651-9456
- Steeds Run: 919-803-1046
- Van Thomas: 919-803-5547
- Stockton Dr: 919-322-0685

Passage Home

919-834-0666

712. W. Johnson St

Raleigh NC 27603

www.passagehome.org

Providing re-entry and support services for female ex-offenders and their children.

Passage Home CDC

919-834-0666

712 W. Johnson St

Raleigh NC 27603

www.passagehome.org

Weekly classes that provide information and technical guidance for all the preparative steps toward purchasing a home. Passage Home also has affordable homes for sale, permanent housing programs and a transitional housing program for women coming out of prison. Call for details and availability.

Passage Home, Inc

919-834-0666

712 West Johnson St

Raleigh NC 27603

www.passagehome.org

Harriet's House provides re-entry support services for 24 months for mothers exiting prison, and single women. Other housing programs available. Call for information.

[**Planned Parenthood**](#)

919-833-7526

100 South Boylan Ave

Raleigh NC 27603

www.plannedparenthood.org/health-center

Abortion referral, birth control, general health care, HIV testing, LGBT Services, men's health care, emergency contraception (Morning-After Pill), pregnancy testing & services, STD Testing, treatment & vaccines, and women's health care.

[**PLM Families Together**](#)

919-212-8607

908-101 Plainview Dr

Raleigh NC 27610

www.plmft.org

PLM Families Together provides housing support for families experiencing homelessness through Centralized Intake, Short-term Housing and Re-housing.

- **Centralized Intake** (a collaboration with the Women's Center of Wake County and Interact): one place to call for access to multiple shelter and housing support programs for families & single women (919-861-1191, located at The Women's Center)
- **Short-term Housing:** 2 and 3 bedroom apartments where families experiencing homelessness can live briefly (2-3 months) while they put money into savings and work with an Mentor Advocate to establish stable housing - includes ongoing support/case management for one year after stable housing is established

- **Re-housing Support:** Assistance for families living in shelters or safe situations, though still homeless - includes Mentor Advocate support in locating housing, financial assistance for initial rent, utilities and deposits and ongoing support/case management for one year after housing is established
-

Polaris Project

1-888-373-7888

www.polarisproject.org or www.humantrafficking.unc.edu

National trafficking hotline available 24 hours a day, 7 days a week. Non government entity, law enforcement or immigration authority. Report a tip, connect with anti-trafficking services in your area, or request training.

Prescription Programs Partnership

888-477-2669

www.pparx.org/Intro.php

Download applications for prescription assistance from individual drug providers. Must meet financial requirements.

Prevent Blindness NC

919-755-5044

4011 West Chase Blvd #225

Raleigh NC 27607

www.preventblindness.org

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, valid prescription less than 2 years old provided by partner agency.

Project Enlightenment

919-856-7774

501 S Boylan Av

Raleigh NC 27603

projectenlightenment.wcpss.net

Early childhood education and intervention program of Wake County Public Schools (WCPSS) serving parents of young children ages birth through kindergarten.

Raleigh Area Development Authority (RADA)

919-807-8400

4030 Wake Forest Rd #205

Raleigh NC 27609

www.rada-nc.org

Foreclosure prevention services, HUD approved housing counseling, NC Foreclosure Prevention Fund, Financial literacy training, Homeowner education.

Raleigh Housing Authority (RHA)

919-831-8300

900 Haynes Street

Raleigh NC 27604

www.rhaonline.com

RHA owns and manages nearly 2,000 public housing units and administers over 3,500 Section 8 vouchers. There is a waiting list for both programs. RHA also has homes for sale and other housing programs. Call for more information.

Housing Applications: 919-831-6620

Housing Application Status: 919-831-6926

TTD/TTY: 1-800-735-8262

Raleigh Rescue Mission - Adult Education Center

919-828-9014

314 E. Hargett St.

Raleigh NC 27601

www.raleighrescue.org

Operated on site, the Adult Education Center is open to the public as well as for the homeless clients living in the Mission and offers remedial and continuing adult basic education, computer literacy; Bible based life skills/life enrichment classes towards helping clients get and keep better paying jobs to become and remain self sufficient. Inquiries may contact RRM

Raleigh Rescue Mission - Children's Development Center

919-828-9014

314 E. Hargett St.

Raleigh, NC 27601

William E. Mangum Children's Development Center (CDC) (operated on site) is a State Licensed 5 Star Rated child care facility as well as an early intervention program. The CDC serves children of Mission residents as well as providing free childcare for "at risk" homeless families from the community who are then able to work and avoid homelessness. Children receive individual attention and the special care needed to overcome trauma and the negative impacts of homelessness. Children and families receive interventions for the professional help families need to stabilize and thrive. Parenting skills are taught that foster

healthy parent-child relations which greatly reduces family stress that often leads to child abuse. Featured educational and social activities allow parents the opportunity to experience a fun drug/alcohol free lifestyle and entertainment alternatives. Children become better prepared for school and success later in life as the CDC breaks the “future” cycle of homelessness in the life of a child by early intervention “today”.

Raleigh Rescue Mission - Recovery and Rehabilitation Services

919-838-9014

314 E. Hargett St., Raleigh NC 27601

www.raleighrescue.org

The Mission’s long term (6-9 months) program serves homeless men, women and children. The Mission provides food, clothing, safe lodging and case management; group and individual counseling, addiction recovery, spiritual care, mental health counseling, educational, vocational training, job placement, housing location and Aftercare services. Substance abuse and addiction recovery programming is coordinated both inside and outside the Mission and includes access to an extensive Addiction Resource Library. Inquiries may contact RRM

Raleigh Rescue Mission - William E. Mangum Children's Development Center (CDC)

919-828-9014

314 E. Harget St. Raleigh, NC 27601

www.raleighrescue.org

RRM operates on site, a State Licensed 5 Star Rated child care/early intervention program. The CDC serves children of Mission residents as well as providing free childcare for "at risk" homeless families from the community who are then able to work and avoid homelessness. Children receive individual attention and the special care needed to overcome trauma and the negative impacts of homelessness and poverty. Inquiries regarding eligibility may contact RRM.

Raleigh VA Clinic

919-212-0129

3305 Sungate Blvd

Raleigh NC 27601

www.durham.va.gov/visitors/raleigh.asp

Medical Care available at 508 Fulton St, Durham and at the Raleigh Clinic. Limited housing services for homeless veterans. Primary care and behavioral services.

Raleigh Vet Center

919-856-4616

1649 Old Louisburg Rd

Raleigh NC 27604

www2.va.gov/directory/guide/facility.asp?id=5442

Free counseling and referral services for veterans suffering from combat trauma and sexual trauma provided by a qualified team of counselors. Hours of operation-8:00am-4:30pm. Services available after hours and on weekends with appointment. Call for more information.

Rebuilding Together of the Triangle

919-341-5980

324 S. Wilmington St #118

Raleigh NC 27601

[Website](#)

Rehabilitation of homes for low income families in Wake, Durham, Chatham, and Orange counties. Homeownership and residency in the home required. Must meet income guidelines. Call or see website for more information.

Resources for Seniors

919-872-7933

1110 Navaho Dr Suite 400

Raleigh NC 27609

www.resourcesforseniors.com

Provides information on support services, affordable senior housing, medical care, facilities, etc.

Resources for Seniors

919-812-7933

1110 Navaho Drive #400

Raleigh NC 27606

www.resourcesforseniors.com

HUD approved reverse mortgage counseling. Home visits may be available for homeowners who are unable to come to the office. There is a charge (\$125) for counseling, which can be financed into the costs of the loan; fees are waived in some circumstances. There is no charge for brief telephone consultations: call Chris Schafale at 919-713-1537 for more information or to schedule an appointment.

Resources for Seniors, Inc.

919-872-7933

1110 Navaho Dr. #404

Raleigh NC 27609

www.resourcesforseniors.com

Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.

Rock Quarry Road Family Medicine

919-833-3111

1001 Rock Quarry Rd

Raleigh NC 27610

www.whsi.org

Mon, Wed, Thu, & Fri: 7am-5:15pm

Tue: 7am-6pm

Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals). Support services include Case Management, Diabetes Education, Diagnostic Screens/Tests, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

Sacred Heart Cathedral

919-832-6030

219 Hillsborough St.

Raleigh, NC 27603

www.sacredheartcathedral.org

Information on assistance for past due rent and eviction notices can be found by calling 919-865-8973

Second Chance Alliance

919-856-2183

224 S. Dawson St

Raleigh 27601

www.ncjustice.org/?q=node/62

The NC Second Chance Alliance is a statewide alliance of advocacy organizations, service providers, faith-based organizations, community leaders and interested citizens that have come together to achieve the safe and successful reintegration of adults and juveniles with criminal records by promoting policies that remove barriers to productive citizenship.

Second Harvest Food Bank

919-875-0707

3808 Tarheel Dr

Raleigh NC 27609

www.foodbankcenc.org

North Carolina Food Bank. Can provide zip code specific information regarding emergency food pantry participants. Mon-Fri, 8:30 AM to 5:00 PM

Senior Center (Resources for Seniors)

919-460-0567

401 East Whitaker Mill Rd

Raleigh NC 27608

www.resourcesforseniors.com

Offers a variety of programs designed to promote the physical, social and emotional well-being of older adults. Offers arts and crafts, health and wellness, support groups, free tax service, exercise programs, line dancing, Spanish classes, etc. Call office. 55+ years.

Shepherd's Table Soup Kitchen

919-831-2010

121 Hillsborough Street

Raleigh, NC 27603

www.shepherds-table.org

Lunch served Monday through Friday, 11am-12noon.

Shepherd's Medical

919-404-2474

304 B Pony Rd

Zebulon NC 27597

www.shepherdsclinic.com

Prescription assistance program, free health clinic for low-income adults with no health insurance.

Social Security Administration

877-803-6311

4701 Old Wake Forest Rd

Raleigh NC 27609

Monday through Friday 9am-3pm, Wednesdays 9am-12noon. Walk-in;

identification required. Takes 12-14 days to get card. On-line services available at www.socialsecurity.gov/onlineservices

South Wilmington Street Center (SWSC) Veterans Services

919-857-3864

1420 South Wilmington St

Raleigh 27603

(Men's Shelter)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services.

Southern Wake Faith in Community Action

919-567-8100

605 Bridge Street

Fuquay Varina, NC 27526

(In the Family Life Center of St. Augusta Missionary Baptist Church)

www.helpsouthwake.org

swfca@nc.rr.com - Fuquay-Varina and Willow Springs residents only. Tuesday & Thursdays 9am-12noon due to documented emergency situation.

Southern Wake Family Medicine

919-557-1110

130 North Judd Parkway NE

Fuquay-Varina NC 27526

www.whsi.org

Mon-Fri 8:30am-5pm.

Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals). Support services include Case Management, Diabetes Education, Diagnostic Screens/Tests, Health Education, Eligibility Assistance, and assistance with free prescriptions.

SouthLight

919-832-1400

1201 Garner Rd

Raleigh NC 27601

www.southlight.org

Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Prevention Services:

- Mon-Fri 8am-4pm

Outreach:

- Mon 6am-2pm
 - Tue 6am-3pm
 - Wed 8am-3pm
 - Thu-Fri 8am-4pm
 - Sat 7am-10am
-

SouthLight (Judicial Services)

919-828-4892 x1207

12 West Martin St

Raleigh NC 26701

www.southlight.org

Southlight Judicial Services assists defendants who are in the criminal justice system with drug and alcohol offenses and Wake County Probation services. Judicial Services is comprised of six different programs consisting of TASC (Treatment Accountability for Safer Communities), first time offender Drug and Alcohol Education Program, Felony Drug Diversion, DWI services, IEP (Intensive Education Program) and Anger Management Education.

SouthLight Helathcare

919-787-6131

3125 Poplar Wood Ct Suite 326

Raleigh NC 27604

(Administrative Offices)

www.southlight.org

Offers numerous services for persons with mental health and/or substance use disorders including youth prevention, adolescent education, adolescent treatment, co-occurring disorders treatment, adult treatment, pregnant and postpartum mothers' treatment, opioid treatment, criminal justice services, supervised independent living, and HIV/STD outreach. Call for more information. Services available at multiple locations.

St. Bernadette's Catholic Church

919-552-8758

1005 Wilbon Rd

Fuquay-Varina NC 27526

www.st-bernadettechurch.org

Every other Thursday 2:30pm-6:30pm

St. John's Metropolitan Community Church

919-834-2611

805 Glenwood Ave

Raleigh NC 27605

www.stjohnsmcc.org/CityOnaHill/

HIV Testing 2nd and 4th Saturdays, 9am-11am.

Step Up Ministry

781-0156

1701 Oberlin Rd

Raleigh NC 27605

www.step-up.us

Providing second chances for those committed to living independent, responsible and constructive lives. Year long program focusing on education and job preparation. Some job placement provided.

StepUp Ministry

919-857-3878

1701 Oberlin Rd

Raleigh NC 27608

www.step-up.us

The StepUp Ministry Veterans Jobs Team provides employment services to veterans who are undergoing residency transition and seeking employment. They work closely with the US Department of Labor, Veterans Administration, and the ESC, who assist in achieving employment and Life Skills goals.

StepUp Ministry

919-781-0156
1701 Oberlin Rd
Raleigh NC 27608
www.step-up.org

Promote self-sufficiency. Program offers employment services, life skills, and transitional housing. Candidates attend a weeklong orientation before applying to any program. Orientation is open to adults. Must be employed for at least 6 months, full or part time, or enrolled full or part time in an educational or vocational program. Must be in recovery from addiction, have no pending criminal charges and a current social security card.

StepUp Ministry

919-781-0156
1701 Oberlin Rd
Raleigh NC 27608
www.step-up.us

The Jubilee Jobs Program provides skilled compassionate job preparation and placement services to unemployed job seekers through a process of mentoring and active assistance. Workshops and networking support groups focus on job retention, goal setting and practical steps toward wage growth, education and training.

StepUp Ministry

919-781-0156
1701 Oberlin Rd
Raleigh NC 27608
www.step-up.us

Assist single adults, couples and families who have educational, employment and housing needs. Program participation includes job training and employment placement, followed by life skills curriculum that encourages spirituality, self-awareness and connection as building blocks to success. Ages 21-55.

Strengthening the Black Family

919-856-5271
568 East Lenior St
Raleigh NC 27601
www.stbf.org

Basic nutrition, diabetes, and sex education programs for teens. Also free HIV testing.

Supportive Housing Program

(WCHS)

919-212-9379

3010 Falstaff Road

Raleigh NC 27610

www.wakegov.com/humanservices/housing/supportivehousing/default.htm

Provides case management services to help participants maintain housing. Offers housing education through the Ready To Rent class. Offers daily housing information session at Wake County Human Services (WCHS) 220 Swinburne St. - Raleigh NC.

Telamon

919-851-6141

5560 Munford Rd #201

Raleigh NC 27606

www.telamon.org

Employment training for migrant/seasonal farm workers. Assistance provided to adult and youth with special needs. Job listings, occupational training, career counseling, and assistance obtaining occupational credentials or educational certificates.

Telemon Corporation

919-851-7611
5560 Munford Rd
Raleigh NC 27612
www.telamon.org

Head Start Programs: Ages 0-3 and 3-5 programs available.
Raleigh: 919-857-9427
Cary: 919-657-0577
Knightdale: 919-266-1953

The Caring Place

919-462-1800
301 S Academy St
Cary NC 27511
www.thecaringplace.org

Working families with children. 4 Month stay. Attendance of weekly life skills training sessions required. Must be employed, working full-time and homeless.

The Green Chair Project

919-809-7982
1319 Capital Blvd

Raleigh NC 27603

www.thegreenchair.org

Providing recycled furniture to those in need. Referral from partner agency required. See website for list of partners.

The Healing Place (Women's Campus)

919-865-2550

3304 Glen Royal Rd

Raleigh NC 27617

www.hpwc.org

Homeless women, age 18 and older, who are from Wake County.

Emergency Overnight Shelter - shelter offered one night at a time. Walk-ups are not allowed and beds are not reserved. Admission based on a lottery system. Lottery posted at the Women's Center of Wake County (WCWC) 24 hrs in advance. Call to add your name or check on daily list. Pick-up at WCWC (112 Cox Ave.) at 3:15pm daily.

Sobering Up Center - Non-medical Detox. Access 24/7 walk-in, drop off, or pick up (from public locations only). Typical stay 3-5 days.

Addiction Recovery Program - long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Typically takes 12-18 months to complete. Over 80% of women who complete the recovery program are sober one year after completion.

The Healing Place of Wake County (Men's Campus)

919-838-9800

1251 Goode Street
Raleigh, North Carolina 27603

www.hpowc.org

Homeless men, age 18 and older, who are from Wake County. Length of stay: Shelter - one night; Non-medical Detox - 3 to 5 days; Recovery Program - 12 to 18 months. Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug addictions. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4:00 p.m. each day for the van pick-up.

****Emergency Housing is available during White Flag nights**

The Healing Place of Wake County (Men's Campus)

919-838-9800
1251 Goode St
Raleigh NC 27603
www.hpowc.org

Homeless men, age 18 and older, who are from Wake County.

Emergency Overnight Shelter - shelter offered one night at a time. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4pm each day for the van pick-up.

Sobering Up Center - Non-medical Detox. Access 24/7 walk-in, drop off, or pick up (from public locations only). Typical stay 3-5 days.

Addiction Recovery Program - long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Typically takes 12-18 months to complete. Over 60% of men who complete the recovery program are sober one year after completion.

The Hope Center at Pullen

919-322-2751
1801 Hillsborough St
Raleigh NC 27605
www.hopecenteratpullen.org

Offers the Job Readiness Program to 20 homeless or marginally-housed men, women, and families in Wake County who are struggling to recover from poverty and related issues. Also offers The Foster Youth Program, which provides services to youth, ages seventeen to twenty-three, who spent time in the foster care system during their childhood or adolescence.

The Salvation Army of Wake County

919-834-6733

1863 Capital Boulevard

Raleigh, North Carolina 27604

www.keepthebellringing.org

Emergency and long-term comprehensive case management services to foreign-born victims. Provides shelter, medical and mental health needs, legal service, personal items, clothing, transportation, food, emergency services and help with employment.

The Salvation Army of Wake County

919-834-6733

The Center of Hope

1863 Capital Blvd.

Raleigh, NC 27604

www.keepthebellringing.org

The evening soup line is open to the public Monday through Friday from 5pm until 6pm. No ID or information required. Open to all members of the community.

The Salvation Army of Wake County

The Center of Hope

1863 Capital Blvd.

Raleigh, NC 27604

www.keepthebellringing.org

May receive food assistance once every 3 months. Must bring Social Security cards for household members, an NC ID card, and a recent rent receipt or proof of residence. Individuals or families must have a permanent residence to receive the food bags. Call for appointment on Fridays between hours of 8am-9am.

The Salvation Army of Wake County

The Center of Hope

1863 Capital Blvd.

Raleigh, NC 27604

www.keepthebellringing.org

Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months. Call on Monday morning to schedule an appointment for later in the week. Appointments are given out on a first come/first served basis. Must bring a Social Security card for each member of the family needing clothes, and a NC ID, Homeless ID or Prison ID of the person shopping at the clothing closet.

The Salvation Army of Wake County

The Center of Hope

1863 Capital Blvd.

Raleigh, NC 27604

www.keepthebellringing.org

To apply for financial assistance, please call for an appointment on Friday mornings between 8am-9am. Appointments will be made for the following week.

Up to \$100 toward a final notice utility bill, utility deposit, or court eviction notice, if the following requirements are met (no assistance with prescriptions, rent deposits, or first month's rent): 1. NC ID card or valid photo ID, 2. SS or Tax ID card for every adult in home, 3. proof of currently working 30 hrs per week or currently receiving social security, unemployment, or proof of laid off within last 6 months, 4. proof of rent/mortgage at address (rental receipt, lease, letter from landlord on letterhead, cancelled check or money order receipt), 5. Final notice for a utility bill, proof of utility deposit or court eviction papers for rental assistance. The \$100 will be paid after all other obligations toward the payment of bill (ex. If amount due is \$125, \$25 must be paid before we release

our \$100).

The Women's Center

919-829-3711

112 Cox Ave

Raleigh NC 27605

www.wcwc.org

HIV/AIDS testing on the 1st and 3rd Mondays of every month starting at 1:30pm.

The Women's Center

919-829-3711

112 Cox Ave

Raleigh NC 27605

Items provided to homeless women by appointment based on need and subject to availability

The Women's Center

919-829-3711
112 Cox Ave
Raleigh NC 27605
www.wcwc.org

Resource for women. Food referrals available by appointment and subject to availability. Emergency food given when no other resources available.

The Women's Center of Wake County

919-829-3711
112 Cox Avenue
Raleigh, NC 27605
www.wcwc.org

For homeless women only. Lunch served Monday and Wednesday at 11:30am.

TRACS (Wake County Human Services)

919-212-7005

220 Swinburne Rd
Raleigh NC 27610
www.wakegov.com

Transportation to residents of non urbanized areas of the county. 24 hour or more advance notice for pick up. First come first served. Fees charged per trip. Mon-Fri 7am-12noon and 1pm-6pm.

Trans LifeLine

877-565-8860

www.translifelink.org

Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

Traveler's Aid (Cornerstone)

919-508-0777
220 Snow Ave
Raleigh NC 27603

One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to see if funds are available. Must be able to contact permanent residence on destination end to ensure willingness to accept

traveler (Unable to send to shelter or program).

Tri-Area Ministries

919-556-7144

149 East Holding Ave

Wake Forest NC 27588

www.triareaminestries.com

Serves mainly Wake Forest, Rolesville and Youngsville residents. ID required.
Open Monday and Wednesday 8:30am-Noon.

Tri-Area Ministries

919-556-7144

149 East Holding Ave

Wake Forest NC 27587

www.triareaministry.com

Wake Forest, Rolesville and Youngsville residents. Open Monday, Wednesday,
Friday 9am - 12am.

Triangle Family Services

919-821-0790

Coordinated Intake

919-861-1195

3937 Western Blvd.

Raleigh NC 27606

www.tfsnc.org

Triangle Family Services offers the following housing programs:

Coordinated Intake - Information and Referral Line

Homeless Prevention and Rapid Re-housing program. Family must have a source of income. Application and assessment required. Call for an appointment.

Rental Assistance Housing Program (RAHP) services chronic homeless and diagnosable mental health disability population with supportive services conducted by case managers to assist clients in their ability to remain living independently.

Other housing services:

Consumer Credit Counseling provides one on one and group financial counseling.

Certified by the National Foundation for Credit Counseling and HUD Approved counseling agency in partnership with the NC Housing Finance Agency.

Triangle Family Services

919-821-0790

3937 Western Blvd

Raleigh NC 27606

www.tfsnc.org

Credit counseling, Homebuyer Education, Foreclosure Prevention, HUD-approved housing counseling, Financial Literacy, Bankruptcy Counseling and Education.

Triangle Family Services

919-821-0790

3937 Western Blvd

Raleigh NC 27603

<http://www.tfsnc.org>

Offers Consumer Credit Counseling Services (CCCS). Provides debt management services to families and individuals, as well as financial literacy education seminars, focusing on such topics as home budgeting and financial management, first-time home buying, avoiding identity theft, reducing consumer debt, and avoiding predatory lending schemes.

Triangle Literacy Council

919-787-5559

916 West Morgan St

Raleigh NC 27603

www.triangleliteracy.org

Volunteer initiative that teaches adults better reading and writing skills. ESL programs, tutor training, juvenile literacy program for at-risk youth are also

available. Access to library and computer lab for participants. Free of charge.

Triangle Transit Authority (TTA)

919-485-7433

4600 Emperor Blvd #100

Durham 27703

www.triangletransit.org

Free vanpool matching available to the general public (485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center. Office Hours Monday through Friday 6am-6:30pm. Bus hours Mon-Fri 6am-10:30pm, Sat 8am-5:30pm.

TRICARE Service Center in North Carolina

1-877-874-2273

www.military.com/benefits/tricare/tricare-service-centers

TRICARE is the health care program serving active duty service members, National Guard, and Reserve members, retirees, their families and certain former spouses.

UNC Alcohol and Substance Abuse Program

919-966-6039

1101 Weaver Dairy Rd

Chapel Hill NC 27514

www.unchealthcare.org/site/healthpatientcare/alcoholsubstanceabuse

Outpatient mental health and substance abuse services. Payment Accepted: Self Payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. med.unc.edu/alcohol

UNC Dentistry

919-537-3737

UNC School of Dentistry

The University of North

Carolina at Chapel Hill

Campus Box 7450

Chapel Hill, NC 27599

[Website](#)

Provides dental services in all areas of dental care. Treatment is provided to both adults and children. To receive an application call or visit website above. Complete application and return it to the address on the application. A monthly drawing will be held to select patients. Applications will be active until

expiration date on the bottom of the application.

For children under age 4 call 919-537-3956.

UNC Department of Ophthalmology

919-966-5296

5151 Bioinformatics Bldg

CB #7040

Chapel Hill, NC 27599-7040

www.med.unc.edu/opth

Free or low cost eye exams for people of all ages. Income verification is required. Call 919-966-5296 with questions regarding financial assistance.

UNC Health Care Addiction Treatment Center at WakeBrook

919-250-1579

107 Sunnybrook Rd

Raleigh NC 27610

www.wakegov.com/humanservices/health/addiction/wakebrook.htm

WakeBrook Recovery Center is operated by UNC Hospital and is a dual-diagnosis substance abuse treatment hospital for Men, Women and Families. High-priority populations include pregnant, IV and HIV-positive drug users.

UNC Horizons

919-966-9803

127 Kingston Dr.

Chapel Hill, NC 27514

[Visit their website](#)

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only

Nurturing | Nationally-recognized | Safe

Mother/child focused | NAA/AA informed | Comprehensive

WHAT WE DO

For Women:

- A comprehensive recovery and relapse-prevention program for substance abuse*
- A range of treatment options including residential and outpatient services*
- Individual and group counseling*
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women*
- OB-GYN and psychiatry services*
- Assistance with finding employment, creating a budget and managing finances*
- Help with creating healthy relationships and healing from abuse and violence*

For Children:

- Evaluation, treatment and referral to early intervention services*
- On-site child care*

For Women and Children:

- Family therapy*

- *Trauma-recovery programming*
 - *Attachment-based parenting education and guidance*
 - *Individualized case management*
 - *Transportation to and from treatment services*
-

UNC WakeBrook Crisis and Assessment

984-974-4830

107 Sunnybrook Rd.
Raleigh, NC

Crisis & Assessment Services are available to anyone in need of help in a crisis related to a mental illness, a developmental disability or an addiction. Walk-in 24/7.

Under One Roof (AASC Program)

919-571-6600
3622 Hayworth St
Raleigh NC 27609
www.aas-c.org

Client services for people with HIV/AIDS.

United States Department of Veterans Affairs

www.va.gov

- VA Benefits: 1-800-827-1000
- Education and Training: 1-888-442-4551
- Crisis Line: 1-800-273-TALK (1-800-273-8255)
- VA Inspector General: 1-800-488-8244
- Caregiver Support Line: 1-800-526-6860

Visit website for additional information and contact numbers.

United Way Resource Information

211

Information referral service serving the following counties: Chatham, Durham, Orange, and Wake

Urban Ministries

919-836-1642

1390 Capital Blvd
Raleigh NC 27603
www.urbanmin.org

Mon-Fri 9am-1pm.

Must have photo ID and proof of Wake County residency. Assistance provided no more than one time in a four month period. Walk-in service.

Urban Ministries

919-832-0820
1390 Capital Blvd
Raleigh NC 27603
www.urbanmin.org

Mon-Thu 9am-9pm by appointment only

The Open Door Clinic provides acute and chronic medical care, prescription medications, and laboratory services on-site. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services available for Spanish-speaking patients. Appointments only.

Urban Ministries

919-834-4707

1390 Capital Blvd
Raleigh NC 27603

Monday - Friday 9am-1pm. Subject to availability. Must have valid ID and proof of Wake county residency.

Urban Ministries

919-834-4707
1390 Capital Blvd
Raleigh NC 27603
www.urbanmin.org

Limit 40 people per day, subject to availability. Must have valid ID and proof of Wake County residency. Referrals made to other agencies for food also. Monday through Friday 9am-1pm.

US Department of Labor

866-487-2365
3rd St NW
Washington DC
www.dol.gov.vets

Veterans' Employment and Training Service (VETS) provides resources and expertise to assist and prepare veterans to obtain meaningful careers, maximize employment opportunities, and protect employment rights.

US Vet Center 24-Hr Hotline

1-877-WAR-VETS
(1-877-927-8387)

Veteran's Mesothelioma Group

1-888-708-5660
www.mesotheliomagroup.com

Our organization provides free Veteran-specific resources and support for patients and their loved ones. Our goal at the Mesothelioma Group is to increase recognition, improving survival rates and life expectancy.

Veterans Supported Employment Program

919-286-0411 x6153
1830 Hillandale Rd
Durham NC 27705

Program designed to assist homeless Veterans in their efforts to gain

competitive employment. Veterans in any of the DVAMC Homeless Programs may be considered for the program and must be referred by Homeless Program staff. Veterans in HVSEP will work with the HVSEP staff to develop employment goals and will be active in the job search process.

Victory Temple Ministries

919-567-2399

300 Rogers St

Holly Springs NC 27540

www.victorytemplemin.org

Outreach ministry provides a clothing closet.

Vision USA

1-800-766-4466

www.aoa.org

Provides free eye care to uninsured, low income workings and families.

Eligibility based on income and household size.

Vocational Rehabilitation

919-733-7807

1300 St. Mary's St

Raleigh NC 27603

www.ncdhhs.gov/dvrs

VR employment services provide opportunities to persons who have mental, physical, or learning disabilities that prevent them from getting and keeping a job. Wake County residents may call or apply in person for services.

Wake Area Missions Ministries (WAMM)

www.carepointraleigh.org

WAMM is a movement, not an organization. Christian churches and ministries united to provide meals and other basic needs at "CarePoints" around Wake County.

In NORTH Raleigh

Journey Church -Saturday-7:45-9am-(Meal Inside) Corner of Spring Forest/Capital Blvd

Temple's Table - 1st and 3rd Sunday a month - 1pm - 2pm- (Meal Inside)
Temple Baptist Church 1417 Clifton St.

In CENTRAL Raleigh

Oak City Outreach Center - Saturday and Sunday - 9am - 6pm- (Meal

Inside)

215 S. Person St.

Church in the Woods - Sunday - 11:30am - 1:30pm-(Meal Inside)

First Presbyterian Church Outreach Center, 124 S. Salisbury St.

New Bern House - Saturday and Sunday- 1am-1pm-(Meal Inside)

501 New Bern Ave.

Act of Kindness Min- 2nd & 4th Saturday-9-10am-(Meal)

Mt.Sinai Church-301 S.Swain St

In WEST Raleigh/Apex/Cary

AME Empowerment Center Shelter - Mon- Fri 12-1pm, Sat & Sun 12-2 pm- (Meal and Day Shelter Inside) 412 Capital Blvd

The Point Church - Saturday 11am-12 -Meal and distributes groceries

1503 Walnut Street, Cary, NC

In EAST/SOUTHEAST Raleigh

Church in the Woods - Saturday - 12:30pm - 1:30pm- Bragg/East St.

Church in the Woods - Saturday - 2pm - 3:30pm- Boyer/Carver St.

In SOUTH/SOUTHWEST Raleigh-Garner

God's Helpers of Raleigh - Wed thru Sat - 7:30am - 8:30am- (Meal Inside)

Hallelujah Soup Kitchen - 1904 S. Wilmington St.

Church in the Woods - Thursdays - 6:30pm- 7:30pm- Peach Rd.

Hope Ministries- Saturday - 8:30am - 12pm- Meal and Shower

Garner United Methodis Church- Hwy 70 at Vandora Springs Rd in Garner

The Point Church- Saturdays-11-12- Hot meal, groceries,clothing (Inside)

Wake County Child Care Subsidy Program

919-773-7600

Main location

319 Chapanoke Rd Suite 104
Raleigh NC 27603

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income, and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible.

Southern Regional Center

130 North Judd Pkwy NE
Fuquay NC 27526
919-557-1076

Eastern Regional Center

1002 Dogwood Ln
Zebulon NC 27597
919-404-3900

Wake County Cornerstone Employment Liaison

919-508-0720
220 Snow Ave
Raleigh NC 27603

Provide the following services to persons who are homeless or at risk of homelessness:

Training/Education Information Assistance, Career Information, Career Guidance, Job Search Assistance, Referral to Partner Agencies for Vocational Training, Employment Skills Training.

Wake County Emergency Grant Program

919-856-5689

Website

Raleigh and Garner residents may apply. This program is offered to low income residents that are in need of emergency repairs to their home. Eligible repairs include but are not limited to HVAC, Well/Septic systems, and roof repairs. One time only \$5000 program limited to emergency repairs. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.

Wake County Health Department

919-212-7000
10 Sunnybrook Rd
Raleigh NC 27601

Women's Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1st time mothers. WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.

Wake County Human Services

919-212-7000
Public Health Center
10 Sunnybrook Rd
Raleigh NC 27610
www.wakegov.com/humanservices/health/default.htm

Mon-Fri 8:30am-5:15pm.

Call for appointments for all types of health care needs including education, immunizations and treatment. Public Health Clinics also at:

Southern Regional Center
130 North Judd Parkway NE
Fuquay-Varina NC
Eastern Regional Center

1002 Dogwood Dr

Zebulon NC

Northern Wake Health Clinic

247 South Allen Rd

Wake Forest NC

919-562-6300

Western Wake Human Services Center

(Mental Health services only)

232 High House Rd

Cary NC

919-460-3366

Wake County Human Services

919-250-3950

Public Health Center

10 Sunnybrook Road

Raleigh NC 27610

www.wakegov.com/humanservices/health/default.htm

All clinics will do confidential testing. Call for an appointment. Mon-Fri 8:30am-11:30am & Wed 5pm-7pm at Clinic E. Spanish speaking employees available Wed evenings. Testing for all STDs & treatment for HIV/AIDS patients done Mon-Fri at Clinic A. Call for appointments & times 250-4410.

Wake County Human Services

919-212-7000

220 Swinburne Rd

Raleigh NC 27610

www.wakegov.com/humanservices

The application session lasts approximately 2 hours. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions, bank statements (if applicable). Monday through Friday, walk-in to apply 7:30am daily.

Wake County Human Services

919-212-7000

220 Swinburne St

Raleigh NC 27610

Onsite GED classes. T-W-Th 9am-12noon and 6pm-8:30pm

Wake County Human Services

(Senior/Adult Services)

919-856-5982

401 East Whitaker Mill Rd

Raleigh NC 27608

Providing short term generic case management to bridge consumers with community services

Wake County Human Services: Service Intake

919-212-7000

220 Swinburne St

Raleigh NC 27610

www.wakegov.com/humanservices/

The Low Income Energy Assistance Program (LIEAP) gives families a one-time cash payment to help pay heating bills. Applications are taken for two weeks in November of each year. Early in February, all eligible households will receive a check in the mail.

Wake County Human Services:

Supported Housing Program

919-212-9379
220 Swinburne Rd
Raleigh NC 27610

Supported Housing Program provides daily housing counseling and budget assistance Monday through Friday at 4pm-5pm in Swinburne Bldg. Sign in at the Information desk in the atrium.

Wake County Human Services' Veterans and Military Services

919-856-6161
567 East Hargett St
Raleigh NC 27602
(A.A. Thompson Center)
www.wakegov.com/veterans

Assists veterans with obtaining military paperwork, employment assistance, medical care, help with transportation and other services for veterans.

Wake County Public School

System

919-431-7400
5625 Dillard Dr
Cary NC 27518
www.wcpss.net

Office hours Monday through Friday 8am-5pm.

Wake County Register of Deeds

919-856-5460
One Bank of America Plaza
421 Fayetteville Street #300
Raleigh NC 27601
web.co.wake.nc.us/rdeeds

Monday through Friday 8:30am-5:15pm. Wake County birth and death certificates. Must bring driver's license and \$10.00 fee.

Wake County Birth certificates also issued at:

Eastern Regional Center

1002 Dogwood Dr
Zebulon NC 27597
919-404-3900

Southern Regional Center

130 North Judd Pkwy NE
Fuquay Varina NC
919-557-2501

Northern Regional Center

1350 East Holding Ave

Wake Forest NC

919-562-6300

**Wake County Supportive
Employment Program**

919-212-7104

220 Swinburne St

Raleigh NC 27610

The Supportive Employment Program provides intensive employment support to Wake County residents (18 years of age and older) who have severe mental illness and overlapping disabilities. Individualized supports are provided by employment specialists to help consumers find competitive employment in integrated job settings. Community based services such as job development, job placement and coaching services are provided; follow-along supports are maintained indefinitely. Supportive Employment also serves Work First consumers who need intensive employment support.

**Wake County Transportation
Center**

919-212-7005

220 Swinburne Rd
Raleigh NC 27610
www.wakegov.com

Mon-Fri 8am-5pm; Walk-ins: Mon-Fri 9am-11am and 2pm-4pm

Medical transportation through Medicaid and other transportation services for Wake County citizens.

Wake InterFaith Hospitality Network

919-832-6024
903 Method Rd
Raleigh NC 27606
www.wihn.org

Clients who complete the Emergency Housing Program are eligible for The Transitional Housing Program. It serves between 12 and 16 families for a period of 9 to 12 months. It consists of four service components: intensive case management; life skills education and skill attainment; staff facilitated support group; and information and referral services.

Wake Relief

919-833-6400
St Saviour's Center (bottom floor)

616 Tucker St
Raleigh NC 27603

www.wakerelief.org

*Mondays and Tuesdays 1pm-3pm; Wednesday and Friday 10am-12noon.
Referral required.*

Wake Tech Adult Education Center

919-344-1500
1920 Capital Blvd
Raleigh NC 27604

Adult Basic Education/General Educational Development (ABE/GED) classes are for students who want to learn reading, writing and math (Adult Basic Education) and/or who want to complete a high school equivalency (GED) diploma. Monday through Thursday 8:00 a.m. - 9:00 p.m.; Friday 8:00 a.m. - 5:00 p.m. GED, ABE, ESL, and Basic Skill classes offered. Various class schedules available.

Wake Tech Dental Hygiene

919-747-0126
Health Sciences Building, 2nd Floor
2901 Holston Ln

Raleigh NC 27610

[Website](#)

Provides services for patients ages 4 and older. Dental Cleaning, fluoride treatments, sealants, and radiography performed by supervised students. Fee is \$20 per visit. Clinic hours vary according to semester schedule. Appointment only. Referrals given for additional dental work needed.

WCHS Medical Eye Care Program

919-856-5974

401 East Whitaker Mill Rd

Raleigh NC 27608

Contact for appointment Mon-Fri 8am-5pm. Must meet household and income requirements. Cannot have received assistance in the last 2 years. Must supply last 6 months of income information, ID, social security cards.

Weatherization Assistance Program

919-713-1543

1104 Navaho Dr #400

Raleigh 27606

[Website](#)

Household with elderly, disabled, and children under 18. Must meet income

eligibility. Can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc. [See application for details.](#)

Western Wake Crisis Ministries

919-362-0657

103 East Chatham St

Apex NC 27502

www.wwcm.org

Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas.
Monday through Thursday 10am-1pm.

Western Wake Crisis Ministries

919-362-0657

103 E Chatham St

Apex NC 27502

www.wwcm.org

Proof of local address required. Serves Apex, , Holly Springs(only financial), & New Hill and Friendship areas.

Monday- Thursday 10am-1pm

Holly Springs Services -

Food Sevices- financial

621 W. Holly Springs Road

Thursdays between 2-5 pm.

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Wheels for Hope

919-832-1941

929 South Saunders St

Raleigh NC 27603

www.wheels4hope.org

Faith-based nonprofit that repairs donated cars and recycles them back in the community. Referral by partner agency required. General public sales also provided on Tue and Thu 9am-4pm.

WIC (Women, Infants, and Children) Program

919-250-4720

Public Health Center

10 Sunnybrook Road

Raleigh NC 27610

www.nutritionnc.com/wic

Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women, women who are breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Vouchers are given out for food that includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here. Monday through Friday 8:30am-5:15pm. Call to schedule an appointment to apply.

With Love from Jesus

919-233-8010

421 Chapanoke Rd

Raleigh NC 27603

www.withlovefromjesus.org

No ID, proof of residence, or referral needed. Distribution behind shopping center. Tue, Wed, Fri, and Sat distribution 9:30am-12noon.

With Love from Jesus

919-233-8010

421 Chapanoke Road

Raleigh NC 27601

Clothing provided as well as other home furnishings, diapers, etc., when available. Public distribution hours: 9am-2pm Tuesday, Wednesday, Friday and Saturday.

Wofline

919-515-3424
2721 Sullivan Dr
Raleigh NC 27606
www.ncsu.edu

Open to students and the general public. No fare or Student ID required to ride. Operates everyday classes are in session. Routes vary between Fall, Spring, and Summer service.

Women's Center

919-829-3711
112 Cox Ave
Raleigh NC 27605
www.wcwc.org

Legal information services are provided by area attorneys in the form of domestic legal clinics and the attorney hotline. In the clinic, women receive information on their rights and responsibilities related to separation, divorce, and child support law in North Carolina. The attorney hotline provides an opportunity for women to ask specific questions related to issues they may encounter during the process of obtaining a separation, divorce or child support.

Women's Center of Wake County

919-829-3711
112 Cox Ave
Raleigh NC 27605
www.wcwc.org

The Women's Center operates four affordable housing properties for women or women with children. Call or go to website for more information.

Women's Center of Wake County

919-829-3711
112 Cox Ave
Raleigh NC 27605
www.wcwc.org

Housing Services includes assistance in finding affordable housing by our Housing Specialist, providing supported affordable housing for single women and families (earning at or below 40% of median income) and partnering with CASA to provide support services to women and families in their affordable housing units. Clients are assisted in finding appropriate, safe affordable housing, and in negotiating the lease. We can sometimes provide household items they need. Follow up services are provided for a minimum of nine months to insure their housing stability. Women's Center also offers Rapid Re-Housing Program and maintains four affordable housing properties for women or women with children. Call for more information.

Work Force Investment

856-5992

Wake County Human Services, Joblink, 3rd Floor

220 Swinburne St

Raleigh NC 27610

Collaboration between NC Depart. Of Corrections, Employment Security Commission, Wake County Human Services, and Department of Labor. 2 year program. Must be at least 18. Men and women accepted. Childcare provided. Educational and employment preparation. Assistance with job placement.

Workforce Investment Act (WIA) Programs

919-250-3770

220 Swinburne St

Raleigh NC 27610

Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.

Wounded Warrior Project

1-877-TEAM-WPP (1-877-832-6997)

4899 Belfort Road, Suite 300

Jacksonville Florida 32256

www.woundedwarriorproject.org

Multiple programs including employment assistance, stress recovery, family support, etc.

Wren House Youth Crisis Hotline

919-832-7866

Serves youth ages 10-17 who are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

Zenni Optical

800-211-2105

www.zenni Optical.com

Online ordering of low cost eyeglasses. Must have valid prescription. Must have

credit card, debit card, or gift card (visa or mastercard) to make purchase.