

Wake Area Missions Ministries (WAMM)

www.carepointraleigh.org

WAMM is a movement, not an organization. Christian churches and ministries united to provide meals and other basic needs at "CarePoints" around Wake County.

In NORTH Raleigh

Journey Church -**Saturday-7:45-9am-(Meal Inside)** Corner of Spring Forest/Capital Blvd

Temple's Table - **1st and 3rd Sunday a month - 1pm - 2pm- (Meal Inside)**
Temple Baptist Church 1417 Clifton St.

In CENTRAL Raleigh

Oak City Outreach Center - **Saturday and Sunday - 9am - 6pm- (Meal Inside)**
215 S. Person St.

Church in the Woods - **Sunday - 11:30am - 1:30pm-(Meal Inside)**
First Presbyterian Church Outreach Center, 124 S. Salisbury St.

New Bern House - **Saturday and Sunday- 1am-1pm-(Meal Inside)**
501 New Bern Ave.

Act of Kindness Min- **2nd & 4th Saturday-9-10am-(Meal)**
Mt.Sinai Church-301 S.Swain St

In WEST Raleigh/Apex/Cary

AME Empowerment Center Shelter - **Mon- Fri 12-1pm, Sat & Sun 12-2 pm- (Meal and Day Shelter Inside)** 412 Capital Blvd

The Point Church - **Saturday 11am-12 -Meal and distributes groceries**

1503 Walnut Street, Cary, NC

In EAST/SOUTHEAST Raleigh

Church in the Woods - Saturday - 12:30pm - 1:30pm- Bragg/East St.

Church in the Woods - Saturday - 2pm - 3:30pm- Boyer/Carver St.

In SOUTH/SOUTHWEST Raleigh-Garner

God's Helpers of Raleigh - Wed thru Sat - 7:30am - 8:30am- (Meal Inside)

Hallelujah Soup Kitchen - 1904 S. Wilmington St.

Church in the Woods - Thursdays - 6:30pm- 7:30pm- Peach Rd.

Hope Ministries- Saturday - 8:30am - 12pm- Meal and Shower

Garner United Methodis Church- Hwy 70 at Vandora Springs Rd in Garner

The Point Church- Saturdays-11-12- Hot meal, groceries,clothing (Inside)

Inwood Baptist Church - 3700 Lake Wheeler Rd

Trans LifeLine

877-565-8860

www.translifelink.org

Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

Veteran's Mesothelioma Group

1-888-708-5660

www.mesotheliomagroup.com

Our organization provides free Veteran-specific resources and support for patients and their loved ones. Our goal at the Mesothelioma Group is to increase recognition, improving survival rates and life expectancy.

UNC Horizons

919-966-9803

127 Kingston Dr.

Chapel Hill, NC 27514

[Visit their website](#)

UNC Horizons is a substance abuse treatment program for pregnant and/or parenting women and their children, including those whose lives have been touched by abuse and violence. We are a program of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill.

Confidential | Recovery oriented | Women only

Nurturing | Nationally-recognized | Safe

Mother/child focused | NAA/AA informed | Comprehensive

WHAT WE DO

For Women:

- A comprehensive recovery and relapse-prevention program for substance abuse
- A range of treatment options including residential and outpatient services

- Individual and group counseling
- Medication assisted treatment for opioid dependent pregnant and non-pregnant women
- OB-GYN and psychiatry services
- Assistance with finding employment, creating a budget and managing finances
- Help with creating healthy relationships and healing from abuse and violence

For Children:

- Evaluation, treatment and referral to early intervention services
- On-site child care

For Women and Children:

- Family therapy
- Trauma-recovery programming
- Attachment-based parenting education and guidance
- Individualized case management
- Transportation to and from treatment services

Sacred Heart Cathedral

919-832-6030

219 Hillsborough St.

Raleigh, NC 27603

www.sacredheartcathedral.org

Information on assistance for past due rent and eviction notices can be found by calling 919-865-8973

Doorstep Ministry, Edenton Street United Methodist Church

228 West Edenton Street
Raleigh, NC 27603

919-832-9530

Monday - Thursday, 8:00 AM - 1:00 PM

Client should bring photo ID, proof of income, bill/lease, SS cards for all household members

Calls for appointments for financial aid (rent, utilities) are taken on Mondays from 10:00 AM to 12:00 PM. Appointments are scheduled for Tuesday and Wednesday mornings. No walk-ins.

Food and diaper referrals are available without an appointment.

www.esumc.org

Oak City Outreach Center (OCOC)

www.endhomelessnesswake.org

Hours of Operation

Saturdays and Sundays, 9:00AM - 6:00PM

Located At

215 1/2 South Person Street, Downtown Raleigh

Across from Moore Square behind the Old Salvation Army Building

The Oak City Outreach Center is operated by Catholic Charities, provides meals and restrooms.

Child Care Referral Central

1-855-EarlyEd

1-855-327-5933

<http://www.childcareservices.org>

Free child care referral service to families seeking care for children birth to age 12. Child Care Referral Specialists provide consumer education and customized referral to child care programs. Counselors inform families about high quality child care and facilitate their selection of high quality programs that meet their child's and family's needs. Services are provided through phone-based counseling sessions or web-based child care search, in either English or Spanish.

Martin Street Baptist Church

(919) 833-9756

1001 E Martin St

Raleigh, NC 27601

<http://www.martinstreetbaptist.com/>

Food: Blessings in Bags grocery food distribution every 2nd Saturday. Arrive at 8:00 am, shop at 10:00 am.

Clothing: Clothes Closet distributes free clothing every Tuesday from 12:00 pm to 3:00 pm

Benevolence Ministry: Provides financial assistance for final notices for light and gas bills. Must be resident of Raleigh. Interviews on the first and third Tuesday of each month from 12:30 pm - 1:00 pm at Martin Street Baptist Church (October to June). Bring picture ID, bill, pay stubs, and any other documentation that you can think of might be needed. If you want children to be considered, please have their original birth certificate. You can receive assistance once every 12 months.

LawHelpNC

www.lawhelpnc.org

Assistance with a variety of legal issues such as child custody, bankruptcy and benefits. Services come at little to no cost.

Raleigh Rescue Mission - Children's Development Center

919-828-9014
314 E. Hargett St.
Raleigh, NC 27601

William E. Mangum Children's Development Center (CDC) (operated on site) is a State Licensed 5 Star Rated child care facility as well as an early intervention program. The CDC serves children of Mission residents as well as providing free

childcare for “at risk” homeless families from the community who are then able to work and avoid homelessness. Children receive individual attention and the special care needed to overcome trauma and the negative impacts of homelessness. Children and families receive interventions for the professional help families need to stabilize and thrive. Parenting skills are taught that foster healthy parent-child relations which greatly reduces family stress that often leads to child abuse. Featured educational and social activities allow parents the opportunity to experience a fun drug/alcohol free lifestyle and entertainment alternatives. Children become better prepared for school and success later in life as the CDC breaks the “future” cycle of homelessness in the life of a child by early intervention “today”.

Raleigh Rescue Mission - Adult Education Center

919-828-9014

314 E. Hargett St.

Raleigh NC 27601

www.raleighrescue.org

Operated on site, the Adult Education Center is open to the public as well as for the homeless clients living in the Mission and offers remedial and continuing adult basic education, computer literacy; Bible based life skills/life enrichment classes towards helping clients get and keep better paying jobs to become and remain self sufficient. Inquiries may contact RRM

Raleigh Rescue Mission - Recovery and Rehabilitation Services

919-838-9014

314 E. Hargett St., Raleigh NC 27601

www.raleighrescue.org

The Mission's long term (6-9 months) program serves homeless men, women and children. The Mission provides food, clothing, safe lodging and case management; group and individual counseling, addiction recovery, spiritual care, mental health counseling, educational, vocational training, job placement, housing location and Aftercare services. Substance abuse and addiction recovery programming is coordinated both inside and outside the Mission and includes access to an extensive Addiction Resource Library. Inquiries may contact RRM

Raleigh Rescue Mission - William E. Mangum Children's Development Center (CDC)

919-828-9014

314 E. Hargett St. Raleigh, NC 27601

www.raleighrescue.org

RRM operates on site, a State Licensed 5 Star Rated child care/early intervention program. The CDC serves children of Mission residents as well as providing free childcare for "at risk" homeless families from the community who are then able to work and avoid homelessness. Children receive individual attention and the special care needed to overcome trauma and the negative impacts of

homelessness and poverty. Inquiries regarding eligibility may contact RRM.

White Flag Initiative

White Flag Initiative: White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

**All shelters who participate will have a notice with their listing

Wrenn House (Haven House)

919-832-7866

Fax 919.828.8255

908 W. Morgan Street, Raleigh, NC 27607

www.havenhouse.org

Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7866. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 - 17 years. Maximum length of stay, 21 days. Individual group and family counseling. Outreach through Project Safe Place aftercare services. Individual, group and family counseling.

Services offered are free, however therapy services are billable.

Services:

- Emergency Shelter
- For homeless, runaways or other crisis situation
- Counseling
- Case management
- Referrals
- Mentoring
- Life skills

Eligibility:

- Youth ages 10-17

Length of Stay:

- 21 days maximum

Process:

- Telephone screening - 919.832.7866
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Wake Interfaith Hospitality Network

919-832-6024

Day Center - 903 Method Road, Raleigh, NC 27606

www.wihn.org

Married Couples with or w/out children; single persons with minor children, single pregnant women in 1st or 2nd trimester. Short-term shelter program; application and background required. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Day Center.

The Helen Wright Center for Women

919-833-1748

401 W. Cabbarus Street, Raleigh, NC 27601

Serving homeless women, no families. Please call or stop by to be placed on the waiting list. Open 24 hours a day. Closed on weekends. 9:00am to 4:00pm weekdays. You will be contacted when a bed is available. Participation in case management services is required for all new clients. Initial stay is two months; assigned case manager must approve extensions.

The Healing Place of Wake County (Women's Campus)

919-865-2550

3304 Glen Royal Rd - Raleigh NC 27617

www.hpowc.org

Homeless women, age 18 and older, who are from Wake County. Length of Stay: Shelter - one night, Non-medical Detox - 3 to 5 days; Recovery Program - 12 to 18 months. Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-step based, peer-run program for homeless women with alcohol and other drug addictions. Pregnant women may stay in the overnight shelter but are not admitted to Detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center of Wake County at 112 Cox Ave by 3:15 p.m. each day for the van pick-up. To increase chances of bed availability, women may attend Recovery Dynamics classes at the Women's Center of Wake County at 10:15 am and 12noon.

**Emergency Housing is available during White Flag nights

South Wilmington Street Center

919-857-9428

1420 South Wilmington Street, Raleigh, NC 27603

Homeless men, age 18 and older. Hours/Days: 7 days, 24 hours. Check-in is from 5:00 p.m. - 7:00 p.m. (anytime for new guests). Emergency shelter beds distributed daily using a lottery system, except for new guests who are guaranteed a bed for their first night only. All guests have access to services such as meals, comprehensive case management, and information and referral assistance. A transitional program and access to permanent housing assistance is also available to those motivated to become self-sufficient.

**Emergency Housing is available during White Flag nights

[The Salvation Army of Wake County](#)

919-834-6733

1863 Capital Blvd, Raleigh, 27604

www.keepthebellringing.org

The Barbara Goodmon Women and Children's Emergency Shelter at the Center of Hope assists homeless women with children and those fleeing domestic violence. If you are interested in placing your name on the waiting list for shelter, or getting more information, please call and ask to speak with someone in the Social Ministries Department.

**Emergency Housing is available during White Flag nights

Raleigh Rescue Mission

919-828-9014

314 E. Hargett Street
Raleigh, North Carolina 27601

www.raleighrescue.org

Homeless men, women, and families. Men: Life Plan Program- long term program that focuses on breaking the cycle of homelessness and requires participants to work inside the Mission before working in outside jobs. Women: Emergency Shelter- women and/or women and children's emergency beds are assigned based on availability, Mon - Fri (closed on weekends and holidays). Arrive at 2:30pm to find out about availability. Male children must be 12 years or younger.

**Emergency Housing is available during White Flag nights

PLM (Pan Lutheran Ministries) Families Together

919-212-1123

908-101 Plainview Drive (Administrative Office)
Raleigh, North Carolina

www.plmft.org

Families with children. Short-term transitional housing up to 3 months. Separate living quarters, weekly case management visits, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am - 5pm.

Interact

Family Safety & Empowerment Center

919-828-7740

1012 Oberlin Road
Raleigh, North Carolina 27605

www.interactofwake.org

Shelter for victims of domestic violence. Call for assistance. Average 1-2 month length of stay. All meals provided.

Easter Seals UCP of North Carolina

919-270-8067
1-800-662-7119

2315 Myron Drive
Raleigh, North Carolina 27607

www.nc.eastersealsupc.com

Provides emergency respite and planned respite care to children of fragile families from homelessness, substance abuse, illness, stress of parenting, etc. Services provided by trained professional and/or volunteers in home of host family.

The Healing Place of Wake County (Men's Campus)

919-838-9800

1251 Goode Street
Raleigh, North Carolina 27603

www.hpowc.org

Homeless men, age 18 and older, who are from Wake County. Length of stay:

Shelter - one night; Non-medical Detox - 3 to 5 days; Recovery Program - 12 to 18 months. Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug addictions. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4:00 p.m. each day for the van pick-up.

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